

## **APPENDIX H: ALTERNATIVE PROVIDERS**



**SHORELINE PARKS, RECREATION AND OPEN SPACE PLAN  
RECREATION DIVISION  
Alternative Providers**

**General Recreation, Fitness and Aquatics**

**Mountlake Terrace Recreation Pavilion  
5303 228<sup>th</sup> Street SW, Mountlake Terrace, 425-776-9173**

The Mountlake Terrace Recreation Pavilion is a 33,000 square foot facility that offers a full size outdoor basketball court and half court play indoors. The Pavilion has three racquetball courts, cardio, indoor playground, and four meeting rooms. Their newly renovated 6-lane swimming pool has a lazy river with a moving current, a leisure play area, a handicapped access ramp, plus an expanded teaching area. The center provides both drop-in and registered programs including basketball, volleyball, yoga, Pilates, aerobics, ballet, and swimming lessons.

Rates are lower for residents of Mountlake Terrace. Residents pay \$3.25 for use of the lap pool, and \$2.00 for the leisure pool. Drop-in fitness fees vary, and are approximately \$5.00 for residents. Monthly passes and swim discount cards are also available. Racquetball courts may be reserved one week in advance at a fee of \$7.50 for residents and \$8.00 per hour for non-residents.

***Hours of Operation:***

|                      |                        |
|----------------------|------------------------|
| Monday and Wednesday | 6:30 a.m. – 9:15 p.m.  |
| Tuesday and Thursday | 6:30 a.m. – 9:30 p.m.  |
| Friday and Saturday  | 6:30 a.m. – 8:15 p.m.  |
| Sunday               | 10:00 a.m. – 6:30 p.m. |

**Lynnwood Recreation Center  
18900 44<sup>th</sup> Ave W, Lynnwood, 425-771-4030**

The Lynnwood Recreation Center offers a wide range of programs for youth, teens, adults, and seniors. The center has a 6-lane swimming pool, a 20' x 45' wading pool, hydrotherapy pool, and sauna. The weight/exercise room features weight training stations and various cardio machines. Four racquetball courts are also located in the Lynnwood Recreation Center.

General admission is \$3.00 for adults and includes use of pool, weight room, sauna, and hydrotherapy pool. Racquetball courts are \$7 per hour and can be reserved one day in advance. Two multi-purpose rooms are available as rentals at a resident rate of \$22 per hour for up to 35 people, or \$38 for a maximum of 70 people. The pool is also available for rent for a residential rate of \$82 to \$94 depending on the number of people. Residents may also rent the wading pool for \$22/hour, a fee that includes a lifeguard for up to 18 children and 6 adults.

***Hours of Operation:***

|                 |                        |
|-----------------|------------------------|
| Monday - Friday | 5:30 a.m. – 9:30 p.m.  |
| Saturday        | 7:00 a.m. – 8:30 p.m.  |
| Sunday          | 12:00 p.m. – 6:00 p.m. |

**Frances Anderson Cultural and Leisure Center  
700 Main Street, Edmonds, 425-771-0230**

The Anderson Center provides residents and visitors of Edmonds an opportunity for recreation through various fitness, art, and special interest programs. The center serves youth, teens, adults, and seniors. Also located in the Anderson Center is the Olympic Ballet School, which features professional faculty, studio pianists, and sprung floors for instructing ages three through adult. Additional special event programs are held in the Meadowdale Community Clubhouse, 6801 N. Meadowdale Road.

Rental spaces include the Anderson Center Darkroom for \$6 per hour, the Anderson Center Gym for \$22 per hour, and the Edmonds Plaza Room, which has kitchen facilities to serve large groups of people. Meeting rooms can accommodate up to twenty-five people at a rental fee of \$16 per hour. Scheduled programs limit the availability of meeting rooms. Individual fitness and educational classes vary in price.

***Hours of Operation:***

|                 |                        |
|-----------------|------------------------|
| Monday - Friday | 8:00 a.m. – 10:00 p.m. |
| Saturday        | 9:00 a.m. – 5:00 p.m.  |

**Shoreline-Lake Forest Park Arts Council  
18560 1<sup>st</sup> Ave. NE, Shoreline, WA**

The Shoreline Arts Council formed in 1989 to support, present, and encourage the arts in Shoreline and Lake Forest Park. This nonprofit, community-based organization promotes public awareness of the arts, but by making art available in all its forms. The Arts Council provides a wide variety of art experiences to Shoreline and Lake Forest Park with performance series such as Arts in Culture, the Children's Saturday Series and summer Concerts in the Parks. The Gallery at the Shoreline Center presents six exhibits a year. For one weekend in June, the Shoreline Arts Festival brings all the arts together. Music, dance and theater, visual arts, crafts, food and literature are all part of the Shoreline Arts Festival. The Arts Council supports Artists-in-Residence in the schools, facilitates Metro bus shelter murals to visually enhance neighborhoods and supports local cultural organizations such as the Shoreline Concert Band, Choir of the Sound and Filipiniana. The Council also collaborates with other agencies such as the libraries, the Community College, Senior Center and Historical Museum and the Cities of Shoreline and Lake Forest Park.

Rates and fees vary and depend on programs. Several programs are free to the public such as concerts in the park and the annual arts festival.

***Hours of Operation:***

Monday - Friday                      12:00 p.m. – 5:00 p.m.

**Shoreline-Lake Forest Park Senior Center**  
**18560 1st Ave. NE #1 Shoreline (206) 365-1536**

The Shoreline-Lake Forest Park Senior Center provides a wide range of activities and services for seniors age 50 and over. The center is an affiliate of Senior Services of Seattle/King County, which is supported in part through funds from United Way. Classes and seminars, daily hot lunches, social work services, health monitoring and enhancement with a nurse, all types of exercise classes, health clinics, foot care, senior rights assistance, support groups for low vision, life transitions, diabetes, crafts, financial information and assistance with taxes, Medicaid, etc. Special events include a yearly bazaar, monthly pancake breakfasts, monthly birthday lunches, special meals, parties and dances.

Annual membership is \$18.00 for singles and \$35.00 for couples. Scholarships are available. Non members are always welcome to participate at any time.

***Hours of Operation:***

Monday - Friday                      8:30 a.m.- 4:30 p.m.  
Evening and weekend events do occur. Times vary.

**Harbor Square Athletic Club**  
**160 W Dayton, Edmonds, 425-778-3546**

Harbor Square is a full service 100,000 square foot athletic club in operation since 1984. The club features a 2,500 square foot cardio deck, state of the art resistance training equipment, and personal trainers. The club has over 50 fitness classes per week with 20 certified instructors. Facilities include a 4-lane swimming pool, five racquetball courts, a full size basketball court, as well as childcare and a day spa. Tennis is a large part of their business, and the club features eight indoor and two outdoor courts.

Membership ranges from a first time registration fee of \$400 to \$700, depending on additional use of the tennis facilities. Monthly dues run \$60 to \$80.

***Hours of Operation:***

Monday - Friday                      5:00 a.m. – 11:00 p.m.  
Saturday and Sunday              7:00 a.m. – 10:00 p.m.

**Academy of Gymnastics and Dance of Edmonds (AGDE)**

**410 Fourth Ave N, Edmonds, 425-778-5784**

The AGDE offers both recreational and USA Gymnastics competitive programs for youth and adults in an 8,000 square foot facility. They utilize the American Gymnastics Progression, which is a specially developed curriculum that moves through an intricate progression of skills to increase high level achievement. AGDE teaches dance classes at pre-school through high school level, featuring tap, ballet, jazz, and hip-hop. In addition, they offer competitive dance teams, a boy's gymnastic program, private lessons, summer camps, and an apparel shop.

Rates depend on class time and number of months registered. Monthly rates are approximately \$125 for four hours of class time. The AGDE offers birthday parties at \$120 for 12 children or \$150 for up to 24 children, and the fee includes an hour of supervised recreation on the gymnastic equipment, party room, games, and clean-up.

***Hours of Operation:***

|                               |                        |
|-------------------------------|------------------------|
| Monday – Wednesday and Friday | 12:00 p.m. – 8:00 p.m. |
| Thursday                      | 1:30 p.m. – 8:00 p.m.  |
| Saturday                      | 9:00 a.m. – 1:00 p.m.  |

**Shoreline/South County Family YMCA  
1220 NE 175<sup>th</sup> Street, Seattle, 206-364-1700**

Shoreline YMCA offers a variety of low cost recreational activities. The facility features a strength and cardiovascular studio, gymnasium with half court basketball, a climbing wall, aerobic classes, Family Enrichment Center, before and after school programs, and youth clubs.

Daily membership fees are available. Adult members pay a one-time joining fee of \$50 and a monthly rate of \$27.

***Hours of Operation:***

|                           |                        |
|---------------------------|------------------------|
| Monday, Wednesday, Friday | 5:30 a.m. – 10:00 p.m. |
| Tuesday, Thursday         | 6:00 a.m. – 10:00 p.m. |
| Saturday                  | 8:00 a.m. – 5:00 p.m.  |
| Sunday                    | 12:00 p.m. – 5:00 p.m. |

**Shoreline Sport Club/24 Hour Fitness  
1207 N 152 Street, Seattle, 206-361-8378**

The Shoreline branch of 24 Hour Fitness has a facility featuring a full size basketball court, volleyball court, three racquetball courts, a 4-lane swimming pool, three rooms of free weights, a kid's club, massage, steam room, whirlpool, tanning, and personal trainers.

Special promotions often apply to membership fees. Members pay an enrollment fee plus monthly dues, which both vary with the type of package purchased. Corporate fitness rates are also available. The facility operates 24 hours a day, with varying holiday hours.

A second 24-Hour Fitness, containing similar amenities, is located in nearby Lynnwood, at 18930 29<sup>th</sup> Avenue West.

**Jazzercise – Shoreline Center  
18560 1<sup>st</sup> Ave NE, Shoreline, 206-367-7172**

Jazzercise is a combination dance and fitness program. It provides cardiovascular conditioning, strength training, and stretching in a 60 – 70 minute class. The program partners with the City utilizing the Spartan Gym building, part of the Shoreline Center, operated by the City. The Spartan Gym includes changing rooms, lockers, showers, and wood floors.

Participants can pay a monthly rate of \$45 or a drop-in rate of \$8 per class.

***Class Times:***

|                   |                         |
|-------------------|-------------------------|
| Monday            | 6:00 p.m.               |
| Tuesday, Thursday | 9:30 a.m. and 6:00 p.m. |
| Saturday          | 9:00 am                 |

**King County Parks and Recreation Division  
201 S Jackson Street, Suite 700, Seattle, 206-296-8687**

King County Parks and Recreation operates six indoor and two outdoor swimming facilities throughout the county. Each pool features 25-yard lap lanes and offers educational programming ranging from group or private swimming lessons for all ages, water exercise programs, lifeguard training, first aid, CPR, water safety instructor courses, diving, competitive team programs, as well as scheduled recreational swims. The population served ranges from infants to senior citizens.

Daily fees are \$3.00 for lap and public swim. Water exercise classes and instructional classes require additional fees. Monthly and yearly passes are available, and adults pay \$350 for a yearly pool pass. Pool rental fees for birthday parties and private functions are tiered by the number of participants. A rental fee of \$87 per hour provides for 1 – 25 persons and includes a lifeguard. Hours of operation vary by location.

**Indoor Pools:**

Weyerhaeuser King County Aquatic Center  
650 SW Campus Drive, Federal Way, 206-296-4444

Evergreen Pool  
606 SW 116<sup>th</sup> Street, Seattle, 206-296-4410

Mt. Rainier Pool  
22722 – 19<sup>th</sup> Ave S, Des Moines, 206-296-4278

Renton Pool  
16740 128<sup>th</sup> Ave SE, Renton, 206-296-4335

Si View Pool  
400 SE Orchard Dr, North Bend, 425-888-1447

Tahoma Pool  
18230 SE 240<sup>th</sup> Street, Kent, 206-296-4276

**Outdoor Pools:**

Cottage Lake Pool  
18831 NE Woodinville-Duvall Road, Woodinville, 206-296-2999

Vashon Pool  
9625 SW 204<sup>th</sup> Street, Vashon, 206-463-3787

**Yost Pool**  
**9535 Bowdoin Way, Edmonds, 425-771-1346**

Yost pool is an outdoor facility operated by the City of Edmonds. The pool offers lifeguard training, swim lessons, water aerobics, lap and open swim times, as well as recreational swim and dive teams during the summer season.

Admission for adults is \$3.50; youth and seniors pay \$3.00. Family and discount passes are available, and select programs have an additional fee. The pool is available for rental Friday, Saturday, and Sunday evenings throughout the summer season, and prices are tiered by the number of participants. A rental fee of \$105 per hour provides for 1 – 49 persons and includes a lifeguard, aqua-basketball hoop, and spa use for the group.

Hours vary during the summer months.

**Helene Madison Pool**  
**13401 Meridian Avenue N, Seattle, 206-684-4979**

The Madison Pool is a 6-lane swimming pool with two diving boards, a shallow pool, and an ADA lift. Programs include infant through adult swim lessons, water exercise, and open swim times.

Admission for youth and seniors is \$2.25 and \$3.25 for adults. Programmed classes vary in price according to the activity.

**Fircrest Pool**



**15230 15<sup>th</sup> Avenue NE, Seattle, 206-361-3655**

Fircrest Pool is a fully accessible facility that provides aquatic recreation for people with developmental disabilities living at the 86-acre Fircrest School, and is also available to the public on a limited basis. The pool offers two lap lanes, warm water therapy, and various programs for people with multiple sclerosis and other members of the community.

Admission fee is \$2 for youth and \$2.50 for adults with prices for individual classes varying. People with special needs, seniors, and adults have first priority.

**Innis Arden Pool**

The Innis Arden Pool is an outdoor facility offering limited memberships to 200 families. Residents, considered property owners in Innis Arden, have first priority. The pool offers competitive swim teams as well as water aerobic programs during the summer season.

Membership fees vary for residents and nonresidents. The pool may be rented at \$50 per hour.

**Shoreline Community College  
16101 Greenwood Avenue N, Shoreline 206-546-4101**

Shoreline Community College offers their students use of a fitness facility, including a full-size, maple floor gymnasium with seating capacity for 2,000 spectators. The facility also features a fitness center and several classrooms. Outdoor facilities include an all weather track, jogging trails, and soccer field.

SCC operates athletic programs in conjunction with the Northwest Athletic Association of Community Colleges (NWAACC). Programs include competitive volleyball, women's soccer, women's basketball, women's softball, men's soccer, men's basketball, men's baseball, and tennis.

***Hours of Operation:***

|                   |                       |
|-------------------|-----------------------|
| Monday - Thursday | 7:00 a.m. – 8:30 p.m. |
| Friday            | 7:00 a.m. – 4:00 p.m. |

**Churches**

Among the churches located in Shoreline, most provide ministry groups for youth, adolescents, and adults. Other services might include community outreach and couples counseling.

