



Dear Shoreline Customers,

We're excited about a number of new programs and events, as we look forward to another exciting summer filled with a variety of activities.

The first order of business is to celebrate Shoreline's 10-Year anniversary as a City! Twelve community members will be honored with a unique award we call Shoreline Stars, a gala event will be held at the Shoreline Historical Museum on July 14, annual Celebrate Shoreline festivities will gear up in August and much more. We haven't forgotten some summertime favorites, such as the lunchtime concerts at Hamlin and Richmond Beach Saltwater Parks, plus Swingin' Summer Eve in July.

Shoreline parks are a great way to enjoy the summer. Whether it's a hike through the forest at Hamlin Park, a stroll along the breathtaking Bluff Trail at Richmond Beach Saltwater Park, or a visit to other community parks, we hope you enjoy all that Shoreline has to offer this season.

Use this handy guide as a reminder of what's happening in our community. Sign up for a class, share it with a friend and make a new acquaintance. Here's to another safe and exciting summer!

Sincerely,

Dick Deal, Director  
Shoreline Parks, Recreation and Cultural Services

## Table of Contents

## PAGE

General Information .....	4
Family Programs .....	5
Toddler/Preschool .....	6-7
Youth .....	8-12
Teens .....	13-15
Shoreline Pool .....	16-18
Canine .....	19
Safety Training .....	20
Adults .....	21-26
Specialized Recreation .....	27-28
Parks & Program Facilities .....	29-31
Community Programs Guide .....	32-33
Registration Information .....	34

### Thank You Shoreline School District

Many of our activities are made possible because of cooperative use of School District facilities. We extend our thanks to the Shoreline School District, School Board members, school staff and administrative staff for their support of the Shoreline Parks, Recreation and Cultural Services Department.

### Meet the Staff ...

### Shoreline Parks, Recreation and Cultural Services Teen Program!



Teen Program staff: Mary, Sigrid, Brady and Alexis. Not pictured: Waldo.

Meet our staff! The talented staff of Shoreline Teen Programs hope you have a wonderful summer filled with lots of activities.

Teens in Shoreline are provided with many opportunities to participate in programs all year long, such as trips to various destinations in the Puget Sound area, special events, drop-in programs after school and late-night programs on Friday and Saturday nights. There are also many classes that staff organizes just for teens.

So, whether it's hanging out at The REC, The Center, on a Tuesday Trek or at late-night programs with friends this summer, the Teen Program staff wish you a safe, fun-filled season!

Sincerely,  
Shoreline Parks, Recreation  
and Cultural Services

### Parks, Recreation and Cultural Services Mission

To provide life-enhancing  
experiences and promote a  
healthy community.

# Information



City Council  
Ronald Hansen, Mayor  
Scott Jepsen, Deputy Mayor

John Chang  
Maggie Fimia  
Paul Grace

Rich Gustafson  
Robert Ransom

Steven C. Burkett, City Manager  
Dick Deal, Director of Parks,  
Recreation & Cultural Services

PARKS, RECREATION and  
CULTURAL SERVICES

BOARD MEMBERS

Carolyn Ballo  
Larry Blake  
Margaret Boyce  
Herb Bryce

William Clements  
Patricia Hale  
Londa Jacques  
Dwight Stevens

Kevin McAuliffe, Alternate

CUSTOMER RESPONSE TEAM (CRT)

24-Hour Phone Line  
(206) 546-1700

## Satisfaction Guaranteed

We wish to provide you with the highest quality recreation programs possible and ensure your satisfaction. If you are dissatisfied with the quality of any program component, please call (206) 418-3383, or for any aquatic program component, call (206) 362-1307, and we will be happy to address your concerns.

## SCHOLARSHIPS ARE AVAILABLE

For youth and specialized recreation programs.

Please call the Spartan Recreation Center at (206) 418-3383 or the Shoreline Pool at (206) 362-1307.

**Cover Photo:** This brochure features beach naturalist and Shoreline resident Fran Murray, sharing her knowledge with two very interested participants of the Low-tide Beach Walk Program.

*See page 5 for program details!*

## How To Find Us

Recreation Program Registration – Spartan Recreation Center ..... (206) 418-3383  
Swim Lesson & Aquatics Program Registration - Shoreline Pool .. (206) 362-1307  
Spartan Recreation Center & Picnic Shelter Rentals ..... (206) 418-3383  
Spartan Recreation Center Fax Line ..... (206) 418-3380  
Pool Fax Line ..... (206) 362-8450  
Sports Fields & Facility Reservations ..... (206) 418-3383  
The REC Teen Recreation Center ..... (206) 542-6511  
The Center Teen Program ..... (206) 391-4037  
City Hall Office ..... (206) 546-5041  
Online ..... [www.cityofshoreline.com/parks](http://www.cityofshoreline.com/parks)  
TTY ..... (206) 546-0457

## Spartan Recreation Center Grand Reopening Celebration on May 17, 2005!

**SPECIAL  
EVENT!**

You are invited to join us and celebrate the reopening of the Spartan Recreation Center at Shoreline Center. Our newly remodeled facility features two additional classrooms with kitchen access, which means more activities and rental space for our customers!

Don't miss the party: meet our staff and instructors, check out the new facility and enjoy a treat on us!

What: Spartan Recreation Center  
Grand Reopening Celebration!

When: Tuesday, May 17 at 5:30 p.m.

Where: 18560 1st Avenue NE in Shoreline

## Spartan Recreation Center at Shoreline Center

18560 1st Avenue NE (Between the Senior Center and Shoreline Stadium)

(206) 418-3383

Spartan Gym Hours:

Monday - Thursday 8:00 a.m. - 9:00 p.m.

Friday 8:00 a.m. - 5:00 p.m.

Saturday 8:00 a.m. - 4:00 p.m.

## Shoreline Pool

19030 1st Avenue NE

(206) 362-1307

Pool Hours:

Monday – Friday 5:30 a.m. – 8:30 p.m.

Saturday 8:30 a.m. – 3:00 p.m.

Sunday 11:30 a.m. – 3:00 p.m.

## City Hall

Shoreline City Hall

17544 Midvale Avenue N

Shoreline, WA 98133-4921

(206) 546-5041

Main Office Hours:

Monday-Friday 8:00 a.m. - 5:00 p.m.

## Holiday Closures:

**City Hall**

Monday, May 30 - Memorial Day

Monday, July 4 - Independence Day

**Spartan Recreation Center**

Monday, May 30 - Memorial Day

Monday, July 4 - Independence Day

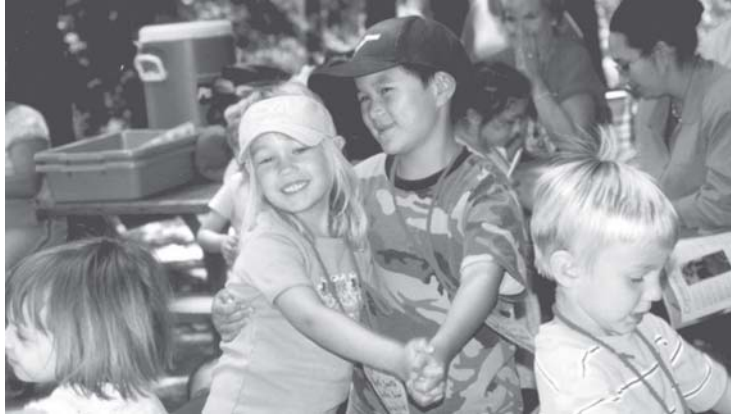
**Shoreline Pool**

Monday, May 30 - Memorial Day

Monday, July 4 - Independence Day

All programs in this brochure are intended for those with and without disabilities. If you believe you may need special, reasonable accommodations, please call (206) 418-3383 and we will be happy to assist you.

# Family Programs



*Kids of all ages have a blast at the Lunchtime Music Series!*

## Family Water Trips

Want to get your kids involved in something new and exciting? Take them out for a day of rafting or kayaking. We'll raft the Wenatchee river and kayak out of Larabee State Park in Bellingham. Trip includes all transportation and rafting trip includes lunch. Please call Alexis at (206) 546-6227 with any questions.

**#20938 Adult - Youth River Rafting**  
**Age:** Youth (10+ Years) & Adults  
**Sat** 5/7 8:00 a.m.- 8:00 p.m.  
**Fee:** \$65; w/Resident Disc: \$60

**#20939 Kayaking Trip**  
**Age:** Youth (10+ Years) & Adults  
**Sat** 7/23 8:00 a.m.- 5:00 p.m.  
**Fee:** \$45; w/Resident Disc: \$40

## Star Parties

Calling all astronomy buffs! Join the Seattle Astronomical Society each month at Paramount School Park and learn more as you view the stars and constellations. Bring your own telescope or use the ones provided at the park. Dress warmly.

**Sat** 5/14, 6/11, 7/9 and 8/13  
**Time:** After dusk  
**Fee:** FREE!

**Location:** Paramount School Park

## Family REC Drop-In

Looking for a place to spend some quality family time? The REC Center is the perfect place for you. We'll provide the basketball, ping-pong, cards, board games, billiards, snacks, and more. Parents bring your kids! Kids bring your aunts, uncles, parents or older siblings! Youth under 10 Years must be accompanied by an adult.

**Age:** 2 Years and up  
**Sat** 6/4 4:00-7:00 p.m.  
**Sat** 7/2 4:00-7:00 p.m.  
**Sat** 8/6 4:00-7:00 p.m.  
**Fee:** \$1; w/Resident Disc: \$1  
**Location:** Richmond Highlands Recreation Center

## Lunchtime Music Series

**Tuesdays, 12:00-1:00 p.m.**

Join us for a free concert each Tuesday at noon. Bring your lunch and enjoy a variety of music. Concerts alternate between the warm sun of Richmond Beach Saltwater Park and the cool shade of Hamlin Park.

**July 12**  
**Brothers from Different Mothers, jugglers**  
 Richmond Beach Saltwater Park

**July 19**  
**Smilin' Scandinavians, polka and folk music**  
 Hamlin Park

**July 26**  
**One World Taiko, Japanese drumming**  
 Richmond Beach Saltwater Park

**August 2**  
**Banjo Andy, American folk music**  
 Hamlin Park

**August 9**  
**Emerald City Jug Band**  
 Richmond Beach Saltwater Park

**August 16**  
**Chaopraya Ensemble,**  
**Traditional Thai folk music**  
 Hamlin Park

## Swingin' Summer Eve

Join us for a delightful summer evening full of music, games, inflatables, face painting and food. This joint effort between the City of Shoreline and the Shoreline-Lake Forest Park Arts Council is a perennial favorite. Kids will enjoy the pre-concert games and activities in the wide open field at Cromwell Park. The whole family will enjoy the BBQ provided by the Shoreline Fire Dept., followed by the music of Elvis. A great time guaranteed for all.

**Wed** 7/27 5:30-8:00 p.m.  
**Fee:** Free admission, nominal fee for food and kids inflatables  
**Location:** Cromwell Park

## Spring Family Dance



Celebrate springtime with this unforgettable family event. A night of dancing, refreshments, door prizes, flowers and photos is sure to leave you with wonderful memories. Dress-up and get ready to dance the night away! Pre-registration is required. Tickets will not be sold at the door.

**Age:** 4 Years and up  
**#20948**  
**Sat** 5/7 7:00-9:00 p.m.  
**Fee:** \$23 per adult/child pair;  
 \$6 per additional person  
 w/Resident Disc: \$20 per adult/child pair;  
 \$5 per additional person  
**Location:** Richmond Highlands Recreation Center

## Low-tide Beach Walks

Explore and investigate the fascinating world of marine beaches during low tides and observe seastars, crabs and others who live in Puget Sound. Join our beach naturalists for these fun, free and informative beach walks. Dress for the weather. Waterproof footwear is recommended. Touch tanks are available on 6/5, 6/12, 7/3 and 7/23.

**JUNE**  
**Sat, 6/4** 9:30 a.m.-1:00 p.m.  
**Sun, 6/5** 9:30 a.m.-1:00 p.m.  
**Sat, 6/11** 1:00-4:00 p.m.  
**Sun, 6/12** 1:30-4:30 p.m.  
**Sat, 6/25** 12:00-4:00 p.m.  
**Sun, 6/26** 1:30-4:30 p.m.

**JULY**  
**Sun, 7/3** 9:30 a.m.-12:30 p.m.  
**Mon, 7/4** 10:00 a.m.-1:00 p.m.  
**Sat, 7/9** 12:00-3:00 p.m.  
**Sun, 7/10** 12:30-3:30 p.m.  
**Sat, 7/23** 11:30 a.m.-3:30 p.m.  
**Sun, 7/24** 12:00-3:30 p.m.  
**Location:** Richmond Beach Saltwater Park

## Bird Watching Adventures

Join local birders from the Seattle Audubon Society on a bird-watching adventure in Shoreview Park. Learn how to identify birds visually and by call, capture birds for banding to chart migratory patterns, and learn how your family can preserve birds and their habitat. Dress warmly for this great field trip! All ages welcome.

**#20967**  
**Sat** 5/21 8:30-10:00 a.m.  
**Fee:** FREE!  
**Location:** Shoreview Park  
**Instructor:** Seattle Audubon Society Staff



# Toddler/Preschool



*Being creative in Hands-On Art with Jennifer is really fun!*

## Beach Baby Boogie

Let's sing songs of the sea, rock in simulated waves, play with beach balls and play simple rhythm instruments in this interactive class for parents and tots. Story time and creative movement included. Activity and song sheets provided.

**Age:** 16 Months - 3 Years, plus parent

**#20853**  
Wed 6/22-7/27 9:30-10:15 a.m.

**#20854**  
Wed 6/22-7/27 10:20-11:05 a.m.

**Fee:** \$40 w/Resident Disc: \$36

**Location:** Spartan Gym Recreation Center, Gymnastics Room

**Instructor:** Cindy Rothwell, music educator

## Creative Dance

Little ones will explore the joy of movement using age-appropriate creative dance steps and concepts. Using musical instruments, singing and rhythmic play, this class will enhance their cognitive and motor skills while expressing their creativity. Wear comfortable clothing and bare feet.

**#20858 Parent/Tot**  
**Age:** 18 Months - 3 Years  
Tue/Thu 7/12-7/28 9:30-10:10 a.m.

**#20859 Parent/Child**  
**Age:** 2 1/2 - 4 Years  
Tue/Thu 7/12-7/28 10:15-10:55 a.m.

**#20860 Children Only**  
**Age:** 4 - 5 Years  
Tue/Thu 7/12-7/28 11:00-11:45 a.m.

**Fee:** \$30 w/Resident Disc: \$27

**Location:** Spartan Gym Recreation Center, Gymnastics Room

**Instructor:** Miss Dena, dance teacher

## Family Music

Music and movement abound in this family music class geared for young ones and parents. We'll sing, rock, roll, dance and sway to lively music while enjoying quality family play time together.

**#20852**  
**Age:** 1 - 4 Years  
Wed 6/22-7/27 11:15 a.m.-12:00 p.m.  
**Fee:** \$36 w/Resident Disc: \$32, \$4 for each additional child

**Location:** Spartan Gym Recreation Center, Gymnastics Room

**Instructor:** Cindy Rothwell, music educator

## Mother's Day Treasures

Dad or Mom, Aunt or Uncle, bring your little one and create a gift to give for Mother's Day. We'll decorate a picture frame with beads, buttons and bangles perfect for Mom, Grandma, Aunt or that special someone you want to honor on Mother's Day. Dress to mess.

**Age:** 2 - 4 Years, plus parent  
**#20863**  
Sat 5/7 10:00-10:45 a.m.

**#20864**  
Sat 5/7 11:00-11:45 a.m.

**Fee:** \$17 w/Resident Disc: \$15

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Jennifer Dodd, arts educator

## Indoor/Outdoor Play

Join us at the Richmond Highlands Recreation Center gymnasium for trikes, balls, parachutes and active toys. Burn some energy inside, then check out the new playground equipment outside.

**Age:** 1 - 5 Years  
Mon/Wed 4/18-5/25 9:30-11:30 a.m.  
**Fee:** \$1/child w/Resident Disc: \$1

**Location:** Richmond Highlands Recreation Center

## Kidz Art

At this young age, learning to draw is as complex as learning to read. KidzArt will guide participants in the transition from random scribbling to intentional drawing by helping them see the beautiful world around them with focused eyes. All supplies included.

**#20857**  
**Age:** 4 - 5 Years  
Thu 7/7-7/28 10:00-10:45 a.m.  
**Fee:** \$40 w/Resident Disc: \$36  
**Location:** Shoreline Center, Ronald Room  
**Instructor:** Susan Martin, certified art instructor



## Hands-on Art

Preschoolers love to create and play. Join us in this hands-on class and have some fun working on different craft projects with your little one. Each week will be a new project, including painting, stamping and gluing projects. Parent participation required. All supplies provided. Dress to mess.

**Age:** 2 - 4 Years, plus parent  
**#20855**  
Fri 6/3-6/24 10:00-10:45 a.m.

**#20856**  
Fri 6/3-6/24 11:00-11:45 a.m.

**#20951**  
Fri 7/15-8/5 10:00-10:45 a.m.

**#20952**  
Fri 7/15-8/5 11:00-11:45 a.m.

**Fee:** \$35 w/Resident Disc: \$32

**Location:** Richmond Highlands Recreation Center

**Instructor:** Jennifer Dodd, arts educator

## Father's Day T-shirt

What Dad doesn't love to wear a T-shirt, especially one hand-painted by your little one! Mom, Aunt, Uncle or special adult, bring your preschooler and create a masterpiece! Dress to mess. All supplies included.

**Age:** 2 - 4 Years, plus parent  
**#20861**  
Sat 6/11 10:00-10:45 a.m.

**#20862**  
Sat 6/11 11:00-11:45 a.m.

**Fee:** \$17 w/Resident Disc: \$15

**Location:** Richmond Highlands Recreation Center

**Instructor:** Jennifer Dodd, arts educator

## Art and Swim

What a great mix of creative and physical recreation for your child this summer! Our professional artist and educator will introduce a variety of material and mixed media techniques to enhance your child's artistic skills. Afterwards, our class will enjoy a recreational swim at the adjacent Shoreline Pool. In case of paint spills, wear old clothing. Drop children off at the Shoreline Center and pick them up at the Shoreline Pool. Bring a snack, swimsuit and towel. All art supplies and pool admission included.

**Age:** 7 - 11 Years

### #20878 Animal & People Drawings

Mon-Thu 7/18-7/21 12:30-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Olympic Room

### #20879 Landscapes & Still Life

Mon-Thu 7/25-7/28 12:30-4:00 p.m.

**Fee:** \$74 w/Resident Disc: \$68

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Susan Martin, artist

## Arts Extravaganza

Express your creative self in this four-day arts sampler program. Try your hand at drawing, sketching, painting and Sculpture Clay. Sign up for one, two or all four workshops. All supplies included.

**Age:** 7 - 11 Years

### #20874 Drawing

Mon 7/11 10:00 a.m.-12:00 p.m.

### #20875 Painting

Tue 7/12 10:00 a.m.-12:00 p.m.

### #20876 Pastels

Wed 7/13 10:00 a.m.-12:00 p.m.

### #20877 Sculpture Clay

Thu 7/14 10:00 a.m.-12:00 p.m.

**Fee:** \$20 w/Resident Disc: \$18

**Location:** Shoreline Center, Ronald Room

**Instructor:** Susan Martin, artist

## Cartooning

Have fun drawing all new cartoon characters and creating your own comic strip. Your imagination is your limit! All supplies provided.

**#20915 Age:** 6 - 9 Years

Sat 6/4 10:00 a.m.-12:00 p.m.

**#20916 Age:** 9 - 11 Years

Sat 6/4 1:00-3:00 p.m.

**Fee:** \$17 w/Resident Disc: \$15

**Location:** Spartan Gym, Cascade Room

**#20917 Age:** 6 - 11 Years

Thu 7/14-7/28 10:00-11:00 a.m.

**Fee:** \$25 w/Resident Disc: \$22

**Location:** Spartan Gym, Olympic Room

**Instructor:** Jeanne Shepard, local Cartoonist

## Knitting for Beginners

Scarves, hats, dishcloths and throws are all a craze. Learn to knit your own using favorite yarns and colors. This beginning level class will teach you to cast on, knit and purl to make various patterns and designs. No prior experience is necessary. Bring a pair of size 6 needles and a ball of worsted weight yarn (wool, acrylic or cotton).

**Age:** 6 - 12 Years

### #20903

Tue 5/3-6/7 5:00-6:00 p.m.

**Fee:** \$39 w/Resident Disc: \$36

**Location:** Shoreline Center, Ronald Room

**Instructor:** Karin Virnig

### #20904

Tue 7/5-8/9 1:30-2:30 p.m.

**Fee:** \$39 w/Resident Disc: \$36

**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Karin Virnig

## Ceramic Pottery Painting

Looking for a great way to spend time with your family or group of friends? Bring them over to paint a hand-selected piece of pottery. Each workshop will feature a different theme. Here's how it works: you select the piece, paint it and then the instructor will glaze and fire it in the kiln. You pick it up at the Spartan Gym within five days. It's that easy! All ages welcome. Children 6 years and younger must be accompanied by an adult. Supply fees for pottery pieces vary from \$6 to \$35 and payable to the instructor. All ages welcome.

### #20922 Father's Day Treasures

Sat 5/21 10:00 a.m.-12:00 p.m.

### #20923 Teacher Appreciation Gifts

Sat 6/11 10:00 a.m.-12:00 p.m.

**Location:** Spartan Gym, Olympic Room

### #20924 Garden Theme

Thu 7/14 6:30-8:30 p.m.

**Fee:** \$6 w/Resident Disc: \$5

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Patrece Molina

## Kids in the Kitchen

Wow your family and friends with your culinary abilities! Learn to make after school snacks and dishes to supplement your family meal. Homemade applesauce, mini-pies, quick breads and other yummy treats are on the menu. All supplies included.

### #20883

**Age:** 7 - 11 Years

Mon 7/11-7/25 10:00-11:00 a.m.

**Fee:** \$30 w/Resident Disc: \$27

**Location:** Richmond Highlands Recreation Center

**Instructor:** Jennifer Dodd

## Hair Braiding

Parents and their daughters will have fun together learning the basics of hair braiding from a professional hair stylist. Learn simple braids, French braiding, up-do's and other styles for long hair. Bring hairbrush, comb and hand-held mirror.

### #20882

**Age:** 5 - 12 Years

Mon 6/6 6:30-8:00 p.m.

**Fee:** \$18 w/Resident Disc: \$16

**Location:** Shoreline Center, Ronald Room

**Instructor:** Helen Filion, owner of Aloha Beauty Salon

## Looking Good

Girls: You know the hot new look. How do you make it work for you? Learn about clothing personality, coloring, body types and shopping on a budget. You will learn what's fact and what's fiction when it comes to great skin, a fresh, natural makeup look and beautiful nails, while pampering yourself with a full facial and manicure. This is a great class for friends to take together! Bring clear nail polish, mascara and a lunch.

### #20562

**Age:** 10 - 14 Years

Wed 7/13 9:30 a.m.-3:30 p.m.

**Fee:** \$52 w/Resident Disc: \$48

**Location:** Shoreline Center, Sheridan Room

**Instructor:** Deborah King, owner of Final Touch Finishing School

Did you know that we can provide resources for many of the programs in this brochure at your school or workplace?

For more information, call (206) 418-3383 or send an e-mail to [pk@ci.shoreline.wa.us](mailto:pk@ci.shoreline.wa.us)

## Meet the Instructors

**Camille Baldwin-Bonney**, dance graduate from the University of Washington with six years of teaching and performance experience.

**Lorna Miller**, dancer and choreographer, with a degree in dance from the Cornish College of the Arts and 13 years teaching experience.

**Dena Lee**, dancer and choreographer with 11 years of experience teaching youth dance with focus on creative dance.

## Pre-Ballet

Does your child dream of being a ballerina? Join this light hearted and fun approach to dance. We will learn basic ballet steps and dances to classical and popular music. Wear leotards, tights and pink leather ballet shoes (girls) and black leather ballet shoes (boys). No class 7/2.

### #20865

**Age:** 4 - 6 Years  
**Sat** 6/18-7/23 10:15-11:00 a.m.  
**Fee:** \$30 w/Resident Disc: \$27  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Camille

### #20866

**Age:** 4 - 6 Years  
**Sat** 6/18-7/23 11:00-11:45 a.m.  
**Fee:** \$30 w/Resident Disc: \$27  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Camille

### #20867

**Age:** 3 - 5 Years  
**Mon/Wed** 7/11-8/3 4:00-4:45 p.m.  
**Fee:** \$36 w/Resident Disc: \$32  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Lorna

## eNergi

Join eNergi, a youth dance collective as we explore the basics of choreography and staging set to music from around the world. Working with improvisation as a catalyst, dancers will develop their own work as solos and/or group pieces. Wear comfortable clothing and bare feet.

### #20870

**Age:** 8 - 11 Years  
**Thu** 7/14-7/28 4:00-5:30 p.m.  
**Fee:** \$20 w/Resident Disc: \$18  
**Location:** Spartan Gym Recreation Center, Gymnastics Room  
**Instructor:** Dena Lee

## Pre-ballet & Tap

Young dancers will have a ball with this high energy combination of ballet and tap. Each week we will learn dance steps and movements in both ballet and tap to great music. Wear leotards, tights, ballet and tap shoes.

### #20921

**Age:** 3 - 5 Years  
**Mon/Wed** 7/11-8/3 3:00-4:00 p.m.  
**Fee:** \$49 w/Resident Disc: \$45  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Lorna

## Beginning Ballet

Join this beginning level ballet class to learn basic movements, steps and routines to classical and contemporary music. Young dancers will develop strength and coordination while discovering the joy of dance. No class 7/2.

### #20868

**Age:** 6 - 10 Years  
**Sat** 6/18-7/30 12:00-1:00 p.m.  
**Fee:** \$33 w/Resident Disc: \$30  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Camille

## Tap & Jazz

Have some fun with high energy music and dance steps in this tap and jazz combination class. We'll learn basic tap steps and jazz routines. Wear black ballet shoes and black tap shoes.

### #20869

**Age:** 6 - 10 Years  
**Mon/Wed** 7/11-8/3 5:00-6:00 p.m.  
**Fee:** \$49 w/Resident Disc: \$45  
**Location:** Spartan Gym Recreation Center, Dance Room  
**Instructor:** Miss Lorna



Students dance with Miss Lorna in Pre-Ballet.





## Babysitter's Training

This training course will teach you the responsibilities and qualities of being a good babysitter and what to expect from the person who hires you. You'll also learn how to interview for a babysitting job, make responsible decisions, supervise children and handle emergencies or illness. Bring a lunch.

**Age:** 11 Years and up

**#20567**

**Sat** 5/14 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20568**

**Sat** 6/25 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20569**

**Sat** 7/30 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20570**

**Tue** 8/9 9:00 a.m.-4:00 p.m.  
**Location:** Shoreline Center, Northridge Room

**Fee:** \$49 w/Resident Disc: \$45

**Instructor:** American Red Cross Staff

## Positive Choices

Kids will learn to make positive choices when it comes to bullying, dealing with anger and conflict. For the bullied, we'll teach your child how to effectively stop the bully, be assertive and say, NO! For the child that's bullying, we'll teach them ways to release anger in a positive way to help them make new choices. All of this in a space of fun, games, and a lot of positive learning. Join this expanded program. Bring a lunch. Ages 7-11 years.

**#20566**

**Sat** 5/21 10:00 a.m.-2:00 p.m.  
**Fee:** \$40 w/Resident Disc: \$36  
**Location:** Shoreline Center, Ronald Room

**#20872**

**Wed** 6/29 10:00 a.m.-2:00 p.m.  
**Fee:** \$40 w/Resident Disc: \$36  
**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Paul Figueroa, former King County Police Officer

## Family Karate

Self-defense, confidence and physical fitness are some of many benefits that come from quality Karate training. Join dedicated instructors and a friendly, diverse group of students in the study of Tang Soo Do, a traditional Korean style of Karate. Supplemental self-defense training includes techniques from Judo and Aikido. Rank promotion is available to those who train regularly and special classes are offered to advanced ranks. The Wednesday evening program is designed for intermediate or advanced students with the ranks of green belt and above. No class on 5/30, 7/4, and 9/5.

**Age:** 9 Years and up

**#20366**

**Mon** 5/16-7/18 7:15-8:30 p.m.  
**Fee:** \$34 w/Resident Disc: \$31

**#20367**

**Wed** 5/4-7/6 7:15-8:30 p.m.  
**Fee:** \$39 w/Resident Disc: \$35

**#20368**

**Mon/Wed** 5/4-7/18 7:15-8:30 p.m.  
**Fee:** \$60 w/Resident Disc: \$55

**#20373**

**Mon** 7/25-9/19 7:15-8:30 p.m.  
**Fee:** \$34 w/Resident Disc: \$31

**#20374**

**Wed** 7/13-9/14 7:15-8:30 p.m.  
**Fee:** \$39 w/Resident Disc: \$35

**#20375**

**Mon/Wed** 7/13-9/19 7:15-8:30 p.m.  
**Fee:** \$60 w/Resident Disc: \$55

**Location:** Richmond Highlands Recreation Center

**Instructor:** Gail Hammer & Eric Madis

## Young Actors

The world is your stage and your imagination is your limit in this great acting class. Learn theater games, acting skills, voice projection, scene preparation, prop-making, and stage crafts from an accomplished actress. Final performance will take place at the end of the program. All supplies included.

**#20873**

**Age:** 8 - 12 Years  
**Mon-Thu** 8/1-8/11 9:00 a.m.-12:00 p.m.  
**Fee:** \$135 w/Resident Disc: \$125

**Location:** Shoreline Historical Museum

**Instructor:** Norah Peters, BFA in Theatre Arts

## Youth Guitar Lessons

Have you always wanted to play the guitar? Here's your chance to learn in a group setting. Learn basic chords, chord progressions, finger picking styles, how to read music and music theory. You will also learn to tune and care for your guitar. Bring your own guitar. Students will also need to purchase a music textbook from instructor for an additional \$27.

**Age:** 10 - 14 Years

**#20564 Beginning Students**

**Tue** 5/10-6/14 4:30-5:30 p.m.

**#20910 Continuing Students**

**Tue** 5/10-6/14 7:00-8:00 p.m.

**#20911 Continuing Students**

**Tue** 6/28-8/2 7:00-8:00 p.m.

**#20565 Beginning Students**

**Tue** 6/28-8/2 4:30-5:30 p.m.

**Fee:** \$46 w/Resident Disc: \$42

**Location:** Shoreline Center, Richmond Room

**Instructor:** Patty Bailey, music educator

## South Pacific Island Tour

Want to escape to the islands of the South Pacific this summer? You can do so right here in Shoreline. Explore the music, dance, songs, language and crafts of Hawaii, New Zealand and Tahiti. Learn how to hula and discover the wisdom and charm of the Polynesian culture. This colorful three day program will take place at the Aloha Island Treasures studio in Shoreline. All supplies included.

**#20880**

**Age:** 6 - 12 Years

**Tue-Thu** 6/28-6/30 1:00-4:00 p.m.

**Fee:** \$52 w/Resident Disc: \$48

**Location:** Aloha Island Treasures

**Instructor:** Gloria Fujii, teacher of Hula, polynesian dance and culture

## Young Ladies and Gentlemen

This popular workshop will teach your child telephone etiquette, table manners, how to make introductions, self-esteem, self-reliance, and more! Each participant will take home a goodie bag.

**#20563**

**Age:** 7 - 10 Years

**Wed** 6/29 9:00 a.m.-12:00 p.m.

**Fee:** \$38 w/Resident Disc: \$35

**Location:** Shoreline Center, Sheridan Room

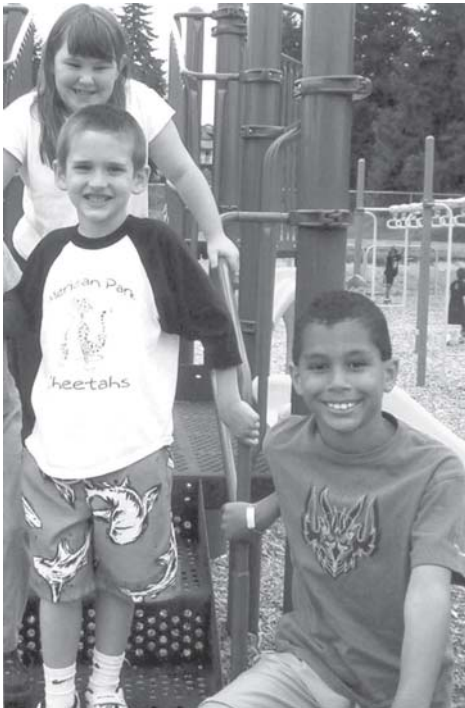
**Instructor:** Deborah King



## SUMMER CAMP "US"!

New this summer!

### Keep your kids busy all day!



*Camp Us is a brand new program! Give us a call or send an e-mail, we're happy to help you design your ideal summer camp schedule!*

Participants of Soccer & Swim, Tennis & Swim and Soccer & Swim Camps may be picked up at the Shoreline pool at 4:00 p.m. or, if enrolled, head to the afternoon child care program at the Spartan Gym until 6:00 p.m.

### CAMP US Basketball and Swim Camps

Polish your basketball skills in a recreational, supportive environment with an exhilarating swim afterwards.

**Age:** 7 - 12 Years  
 #18845 6/27-7/1 1:00-4:00 p.m.  
 #18846 7/18-7/22 1:00-4:00 p.m.  
 #18847 8/22-8/26 1:00-4:00 p.m.  
**Fee:** \$43 w/ Resident Disc. \$39  
**Location:** Spartan Gym & Shoreline Pool

### CAMP US Tennis and Swim Camps

Develop tennis skills such as ground stroke, serving and match strategies with a refreshing swim afterwards.

**Age:** 7-12 Years  
 #18851 7/11-7/15 1:00-4:00 p.m.  
 #18852 8/1-8/5 1:00-4:00 p.m.  
 #18853 8/15-8/19 1:00-4:00 p.m.  
**Fee:** \$43 w/ Resident Disc.: \$39  
**Location:** Shoreline Park & Shoreline Pool

You are invited to pick and choose from a full day of activities, located at the Shoreline Center campus. Participants ages 4-12, can spend the entire day with us at the Shoreline Center (7:00 a.m. to 6:00 p.m.), or simply enroll in the programs that best fit your family needs for summer. It's your choice!

- Registration for Camp "US" is underway now! Participants will register directly with Shoreline Parks & Recreation for all summer programs. For further details and to register call (206) 418-3383 or visit [www.cityofshoreline.com/parks](http://www.cityofshoreline.com/parks).
- Morning and afternoon day care for ages 4-12 is available as early as 7:00 a.m. and as late as 6:00 p.m. Supervised lunchtime care is available, 12:00 to 1:00 p.m., FREE of charge.
- Ages 4-12: enroll in a morning playground "PALS" program that includes activities in arts and crafts, storytelling, creative movement, performing arts, games, and much more.
- Ages 4-7: register for afternoon Mini-Hawk sports camps which includes an introduction to the games of basketball, soccer and baseball. Each camper receives a ball and a t-shirt, compliments of Skyhawks Sports Academy.
- Ages 7-12: sign up for morning basketball, soccer, volleyball, cheerleading, gymnastics, and/or tennis camps, co-sponsored by Skyhawks Sports Academy. Or, participate in the ever-popular sport & swim camps in the afternoon which includes skills/drills in basketball, soccer, and tennis programs followed by a refreshing swim at the Shoreline Pool for a couple of hours.
- Remember: all participants are invited to join our staff at the Shoreline Center campus for a FREE, supervised lunch recess at noon between camp sessions.

### CAMP US Soccer and Swim Camps

Develop soccer skills such as passing, dribbling and shooting, as well as game strategies with a refreshing swim afterwards.

**Age:** 7 - 12 Years  
 #18848 7/5-7/8 1:00-4:00 p.m.  
 #18849 7/25-7/29 1:00-4:00 p.m.  
 #18850 8/8-8/12 1:00-4:00 p.m.  
**Fee:** \$34 w/ Resident Disc. \$31  
**Location:** Shoreline Park & Shoreline Pool

### CAMP US Playground Pals

Our outstanding staff will provide an exciting summer camp experience for your child. Join us as we explore activities in storytelling, arts and crafts, creative movement, and performing arts.

**Age:** 4 - 12 Years  
 #18804 6/27-7/1 9:00 a.m.-12:00 p.m.  
 #18807 7/5-7/8 9:00 a.m.-12:00 p.m.  
 #18808 7/11-7/15 9:00 a.m.-12:00 p.m.  
 #18809 7/18-7/22 9:00 a.m.-12:00 p.m.  
 #18810 7/25-7/29 9:00 a.m.-12:00 p.m.  
 #18811 8/1-8/5 9:00 a.m.-12:00 p.m.  
 #18812 8/8-8/12 9:00 a.m.-12:00 p.m.  
 #18813 8/15-8/19 9:00 a.m.-12:00 p.m.  
 #18814 8/22-8/26 9:00 a.m.-12:00 p.m.  
**Fee:** \$43 w/Resident Disc.: \$39  
**Location:** Spartan Gym Recreation Center, Cascade Room

### CAMP US Child Care

Sign up for your choice of morning care (7:00-9:00 a.m.), FREE lunchtime care (12:00-1:00 p.m.) and/or afternoon care (4:00-6:00 p.m.) Pick the schedule that best fits your family's needs. Limited enrollment - this program may fill quickly! Ages 4-12 years.

Morning Child Care 7:00-9:00 a.m.	
#20708 6/27-7/1	#20709 7/5-7/8
#20710 7/11-7/15	#20711 7/18-7/22
#20712 7/25-7/29	#20713 8/1-8/5
#20714 8/8-8/12	#20715 8/15-8/19
#20716 8/22-8/26	
<b>Fee:</b> \$32 w/ Resident Disc.: \$29	

FREE Lunchtime Child Care 12:00-1:00 p.m.	
#18816 6/27-7/1	#18819 7/5-7/8
#18822 7/11-7/15	#18825 7/18-7/22
#18828 7/25-7/29	#18831 8/1-8/5
#18834 8/8-8/12	#18837 8/15-8/19
#18840 8/22-8/26	
<b>Fee:</b> FREE!	

Afternoon Child Care: 4:00-6:00 p.m.	
#20717 6/27-7/1	#20718 7/5-7/8
#20719 7/11-7/15	#20720 7/18-7/22
#20721 7/25-7/29	#20722 8/1-8/5
#20723 8/8-8/12	#20724 8/15-8/19
#20725 8/22-8/26	
<b>Fee:</b> \$32 w/ Resident Disc.: \$29	
<b>Location:</b> Spartan Gym Recreation Center, Cascade Room	



## CAMP US Skyhawks Basketball Academy

At this basketball camp, players will have a great time as they refine their passing, shooting and dribbling skills. Then put newly acquired basketball skills to the test at an end of the week tournament. Each participant receives a basketball and a T-shirt. Participants are encouraged to bring a snack, water bottle, and court shoes.

**Age:** 7 - 12 Years  
 #18867 7/11-7/15 9:00 a.m.-12:00 p.m.  
 #18868 7/25-7/29 9:00 a.m.-12:00 p.m.  
 #18869 8/15-8/19 9:00 a.m.-12:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Spartan Gym

## CAMP US Skyhawks Cheerleading Academy

This cheerleading camp offers a week of cheers, chants, and fun games! Participants will learn proper motion and jumping techniques for all aspects of cheering. The week will end with a Friday performance for friends and family. Participants will receive a set of pom-poms and a T-shirt, and are encouraged to bring a snack, a water bottle, and court shoes to wear.

**Age:** 7 - 12 Years  
 #18875 7/5-7/8 9:00 a.m.-12:00 p.m.  
**Fee:** \$98 w/ Resident Disc. \$89  
**Location:** Spartan Gym

## CAMP US Cascade Elite Gymnastics

Learn step-by-step progression using curriculum from Cascade Elite Gymnastics Training Center. All levels of students welcome. Beginners and advanced participants meet in the same room and are divided into groups according to skill and age level.

**Age:** 4 - 12 Years  
 #20252 7/5-7/8 1:00-4:00 p.m.  
 #20253 7/18-7/22 1:00-4:00 p.m.  
 #20254 8/8-8/12 9:00 a.m.-12:00 p.m.  
 #20255 8/15-8/19 9:00 a.m.-12:00 p.m.  
**Fee:** \$69 w/ Resident Disc. \$63  
**Location:** Spartan Gym Recreation Center

## CAMP US Skyhawks Mini-Hawk Sports Camps

This program helps participants explore soccer, baseball and basketball. There is no pressure, just lots of fun! Young athletes participate in all three sports through unique Skyhawks' games. Coaching staff is trained to meet the special needs of young children while helping them to start off on the right foot as they take their first steps into athletics. Mini-Hawk participants will receive a mini-basketball and a T-shirt. Participants are encouraged to bring two snacks, a water bottle, sunscreen, and running shoes.

**Age:** 4 - 7 Years  
 #18854 6/27-7/1 1:00-4:00 p.m.  
 #18855 7/5-7/8 1:00-4:00 p.m.  
 #18856 7/11-7/15 1:00-4:00 p.m.  
 #18857 7/18-7/22 1:00-4:00 p.m.  
 #18858 7/25-7/29 1:00-4:00 p.m.  
 #18859 8/1-8/5 1:00-4:00 p.m.  
 #18860 8/8-8/12 1:00-4:00 p.m.  
 #18861 8/15-8/19 1:00-4:00 p.m.  
 #18862 8/22-8/26 1:00-4:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Spartan Gym

## CAMP US Skyhawks Multi-Sport Academy

This multi-sport program is designed for the all-around player interested in several sports, including soccer, baseball, and basketball. This fast-paced program is designed to teach the fundamentals of these sports in a fun and enjoyable atmosphere. Participants are challenged daily in each of the three sports by structured exercises and fun games. Participants will receive a sport ball and a T-shirt, and are encouraged to bring shin guards, two snacks, a water bottle, running shoes and sunscreen.

**Age:** 7 - 12 Years  
 #19102 8/1-8/5 9:00 a.m.-12:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Spartan Gym



## CAMP US Skyhawks Soccer Academy

This academy progressively teaches the fundamental skills and the fun of playing soccer. Exercises, games and scrimmages are all utilized to teach passing, dribbling, shooting and the offensive and defensive techniques of the world's most popular sport. Each player will receive a soccer ball and a T-shirt. Participants are encouraged to bring shin guards, two snacks, a water bottle, running shoes, and sunscreen.

**Age:** 7 - 12 Years  
 #18863 6/27-7/1 9:00 a.m.-12:00 p.m.  
 #18864 7/18-7/22 9:00 a.m.-12:00 p.m.  
 #18866 8/22-8/26 9:00 a.m.-12:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Shoreline Park Soccer Fields

## CAMP US Skyhawks Tennis Academy

This tennis program focuses on the fundamental skills needed to participate in a lifelong sport. Participants learn the proper techniques of grip, footwork, groundstrokes, volleys, overheads and serves. Players will also learn the rules and etiquette of the game, and must bring a tennis racquet, snack, water bottle, court shoes and sunscreen.

**Age:** 7 - 12 Years  
 #18870 7/5-7/8 9:00 a.m.-12:00 p.m.  
 #18872 7/25-7/29 9:00 a.m.-12:00 p.m.  
 #18873 8/8-8/12 9:00 a.m.-12:00 p.m.  
 #18874 8/22-8/26 9:00 a.m.-12:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Shoreline Park Tennis Courts

## CAMP US Skyhawks Volleyball Academy

This volleyball academy focuses on serving, hitting, spiking, and setting using fun games and activities to engage the enthusiasm of the novice or experienced player. This program is co-ed and skill based. Each participant will receive a camp T-shirt, and is encouraged to bring knee pads, a snack, a water bottle and court shoes.

**Age:** 7 - 12 Years  
 #18876 7/18-7/22 9:00 a.m.-12:00 p.m.  
 #19101 8/8-8/12 9:00 a.m.-12:00 p.m.  
**Fee:** \$111 w/ Resident Disc. \$101  
**Location:** Spartan Gym

### Here's what a week at Camp Us could look like!

	Activity	Course #	Dates	Location – All at the Shoreline Center!	Times	Ages
OR	Morning Child Care	20710	Jul 11-15	Spartan Gym	7:00-9:00 a.m.	4-12
	Skyhawks Basketball	18867	Jul 11-15	Spartan Gym	9:00 a.m.-12:00p.m.	7-12
	Playground Pals	18808	Jul 11-15	Spartan Gym Multi-Purpose Room	9:00 a.m.-12:00p.m.	4-12
OR	Lunch Recess	18822	Jul 11-15	Spartan Gym Multi-Purpose Room	12:00-1:00 p.m.	4-12
	Skyhawks Mini-Hawk	18856	Jul 11-15	Spartan Gym	1:00-4:00 p.m.	4-7
	Tennis & Swim	18851	Jul 11-15	Shoreline Park Courts & Shoreline Pool	1:00-4:00 p.m.	7-12
	Evening Child Care	20719	Jul 11-15	Spartan Gym	4:00-6:00 p.m.	4-12

## SUMMER PLAYGROUND PROGRAM!



*See old friends and make new ones with Summer Playground Program at Meridian Park.*

### Playground Program at Meridian Park

Register on a weekly basis. Your child will have the opportunity to participate in a variety of fun activities at this summer program, including visual and performing arts, sports, creative movement, team and individual games, special events, field trips and much more. Call (206) 418-3383 for scholarship information. No program on 6/27, 6/28, 7/4 and 7/5.

<b>#20376</b>	
<b>Age:</b>	4 - 6 Years
<b>Wed-Fri</b>	6/29-7/1 10:00 a.m.-3:00 p.m.
<b>#20378</b>	
<b>Age:</b>	7 - 9 Years
<b>Wed-Fri</b>	6/29-7/1 10:00 a.m.-3:00 p.m.
<b>#20380</b>	
<b>Age:</b>	10 - 12 Years
<b>Wed-Fri</b>	6/29-7/1 10:00 a.m.-3:00 p.m.
<b>#20382</b>	
<b>Age:</b>	4 - 6 Years
<b>Wed-Fri</b>	7/6-7/8 10:00 a.m.-3:00 p.m.
<b>#20384</b>	
<b>Age:</b>	7 - 9 Years
<b>Wed-Fri</b>	7/6-7/8 10:00 a.m.-3:00 p.m.
<b>#20386</b>	
<b>Age:</b>	10 - 12 Years
<b>Wed-Fri</b>	7/6-7/8 10:00 a.m.-3:00 p.m.

<b>#20402</b>	
<b>Age:</b>	4 - 6 Years
<b>Mon-Fri</b>	7/11-7/15 10:00 a.m.-3:00 p.m.
<b>#20404</b>	
<b>Age:</b>	7 - 9 Years
<b>Mon-Fri</b>	7/11-7/15 10:00 a.m.-3:00 p.m.
<b>#20406</b>	
<b>Age:</b>	10 - 12 Years
<b>Mon-Fri</b>	7/11-7/15 10:00 a.m.-3:00 p.m.
<b>#20408</b>	
<b>Age:</b>	4 - 6 Years
<b>Mon-Fri</b>	7/18-7/22 10:00 a.m.-3:00 p.m.
<b>#20410</b>	
<b>Age:</b>	7 - 9 Years
<b>Mon-Fri</b>	7/18-7/22 10:00 a.m.-3:00 p.m.
<b>#20412</b>	
<b>Age:</b>	10 - 12 Years
<b>Mon-Fri</b>	7/18-7/22 10:00 a.m.-3:00 p.m.
<b>#20414</b>	
<b>Age:</b>	4 - 6 Years
<b>Mon-Fri</b>	7/25-7/29 10:00 a.m.-3:00 p.m.
<b>#20416</b>	
<b>Age:</b>	7 - 9 Years
<b>Mon-Fri</b>	7/25-7/29 10:00 a.m.-3:00 p.m.
<b>Fee:</b>	\$44 w/Resident Disc: \$40
<b>#20418</b>	
<b>Age:</b>	10 - 12 Years
<b>Mon-Fri</b>	7/25-7/29 10:00 a.m.-3:00 p.m.
<b>Wed-Fri Fee:</b>	\$27 w/Resident Disc: \$24
<b>Mon-Fri Fee:</b>	\$44 w/Resident Disc: \$40
<b>Location:</b>	Meridian Park School
<b>Instructor:</b>	Summertime Playground Staff

### Playground Inclusion Program

The goal of this program is to help meet the needs of your child as they are included to participate in the City-sponsored playground program. Join us as we explore activities in creative movement, storytelling, crafts, new games and performing arts. Register early. Limited enrollment. Staff to student ratio: 1:3. No class 6/27, 6/28, 7/4 and 7/5.

<b>Age:</b>	6 - 12 Years
<b>#20452</b>	
<b>Wed-Fri</b>	6/29-7/1 10:00 a.m.-3:00 p.m.
<b>#20453</b>	
<b>Wed-Fri</b>	7/6-7/8 10:00 a.m.-3:00 p.m.
<b>#20454</b>	
<b>Mon-Fri</b>	7/11-7/15 10:00 a.m.-3:00 p.m.
<b>#20455</b>	
<b>Mon-Fri</b>	7/18-7/22 10:00 a.m.-3:00 p.m.
<b>#20456</b>	
<b>Mon-Fri</b>	7/25-7/29 10:00 a.m.-3:00 p.m.

**Wed-Fri Fee:** \$27 w/Resident Disc: \$24  
**Mon-Fri Fee:** \$44 w/Resident Disc: \$40

**Location:** Meridian Park School  
**Instructor:** City of Shoreline Recreation Staff



*Participants enjoy being included in the Playground Inclusion Program.*

## EVEN MORE FOR SUMMER!

### Playground Program at Briarcrest

Register on a weekly basis. Your child will have the opportunity to participate in a variety of fun activities, which include visual and performing arts, sports, creative movement, team and individual games, special events, field trips and much more. Contact the Spartan Gym at (206) 418-3383 for further details. No program on 6/27, 6/28, 7/4, 7/5.

#### #20759

**Age:** 6 - 9 Years  
**Wed-Fri** 6/29-7/1 10:00 a.m.-3:00 p.m.

#### #20760

**Age:** 10 - 12 Years  
**Wed-Fri** 6/29-7/1 10:00 a.m.-3:00 p.m.

#### #20763

**Age:** 6 - 9 Years  
**Wed-Fri** 7/6-7/8 10:00 a.m.-3:00 p.m.

#### #20764

**Age:** 10 - 12 Years  
**Wed-Fri** 7/6-7/8 10:00 a.m.-3:00 p.m.

#### #20767

**Age:** 6 - 9 Years  
**Mon-Fri** 7/11-7/15 10:00 a.m.-3:00 p.m.

#### #20768

**Age:** 10 - 12 Years  
**Mon-Fri** 7/11-7/15 10:00 a.m.-3:00 p.m.

#### #20771

**Age:** 6 - 9 Years  
**Mon-Fri** 7/18-7/22 10:00 a.m.-3:00 p.m.

#### #20772

**Age:** 10 - 12 Years  
**Mon-Fri** 7/18-7/22 10:00 a.m.-3:00 p.m.

**Wed-Fri Fee:** \$27 w/Resident Disc: \$24

**Mon-Fri Fee:** \$44 w/Resident Disc: \$40

**Location:** Briarcrest Elementary School, Gymnasium

**Instructor:** Summertime Playground Staff



*We're all smiles in the Playground Program at Briarcrest!*

*Here are some exciting events sponsored by local libraries. Please contact each library directly for more information:*

### Shoreline Library

345 NE 175<sup>th</sup> Street • (206) 362-7550

Hours:

Mon - Thurs, 10:00 a.m. - 9:00 p.m.

Fri 10:00 a.m.-6:00 p.m.

Sat 10:00 a.m.-5:00 p.m.

Sun 1:00-5:00 p.m.

Please register in advance for all programs.

#### • Special Events

-Thurs, 6/30, 7:00 p.m. - Twisted Tales. Presented by the Seattle Knights Family program.

• Thurs, 7/7, 11:00 a.m. - The Dragon Who Came to Visit. Ages 4 and up.

• Thurs, 7/14, 2:00 p.m. - Kings, Castles and Cockroaches! Ages 3 and up.

• Thurs, 7/21, 11:00 a.m. - Jack and the Varmints. Ages 4 and up.

• Tues, 7/26, 7:00 p.m. - Defying Gravity Through Time, A History of Juggling. Ages 5 and up.

• Thurs, 7/28, 7:00 p.m. - Chinese Dragon Tails. Ages 5 and up; 5 and 6 year olds with a parent, please.

• Thurs, 8/4, 2:00 p.m. - "The Dancing Princess". Family program.

• Thurs, 8/11, 11:00 a.m. - Concert in the Castle. Ages 1-10.

### Richmond Beach Library

19601 21<sup>st</sup> Avenue NW • (206) 546-3522

Hours: Mon/Tues/Thurs 1:00 - 9:00

p.m. Fri & Sat, 12:00-5:00 p.m.

Please register in advance for all programs.

• **Read Three Get One Free!** If you are between the ages of 12 and 18 you can... READ 3 books, WRITE 3 thoughtful reviews, GET a prize free! Bring in your book reviews—we have lots of new prize books. This program is now available at all KCLS locations, sponsored by the KCLS Foundation.

• Story Times for ages 2-6, every Tues/Thurs in May, 6/2, 6/7, 6/9, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4 & 8/11.

• Brown Bag Stories in the park: 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9

#### • Special Events

• Wed, 6/29, 7:00 p.m. - Payne's Magykes. All ages.

• Sat, 7/9, 2:00 p.m. - Who Wants to be a Medieval Knight? Ages 5 and up.

• Wed, 7/13, 7:00 p.m. - Concert in the Castle. Ages 1-10 and families.

• Mon, 7/18, 7:00 p.m. - Jack and the Varmints. Ages 4 and up.



# Youth

## Varsity Level Tennis Workout

These evening workouts are open to tennis players ready to compete at the high school varsity level. Athletes will develop high level skills and match play strategies. Emphasis on match play and conditioning. This workout will follow the 'Champs' model of play. Concludes with a singles and doubles tournament. Space fills quickly, so register early. Bring a tennis racquet and one new can of tennis balls to the class. Rainouts will be scheduled by class consensus.

**Age:** 15-19 Years

**#20263**

Tue/Thu 7/5-7/28 5:45-6:45 p.m.

**#20264**

Tue/Thu 7/5-7/28 6:45-7:45 p.m.

**Fee:** \$48 w/Resident Disc: \$44

**Location:** Shoreview Park, Tennis Courts

**Instructor:** Wayne & Wes Abney

## Little Tennis Stars

Join the fun as we learn to play tennis together with kids your same age. Lots of drills, skills, and thrills! Who knows, you may be starting to enjoy the game of tennis for the rest of your life. Space is limited. Please bring your own tennis racquet.

**Age:** 4 - 7 Years

**#20267**

Mon-Thu 7/18-7/21 9:30-10:15 a.m.

**#20268**

Mon-Thu 7/18-7/21 10:30-11:15 a.m.

**#20269**

Sun 7/10-7/31 3:00-3:45 p.m.

**Fee:** \$34 w/Resident Disc: \$31

**Location:** Shoreline Park Tennis Courts

**Instructor:** Wayne & Wes Abney

## Junior Challenger Tennis Camps

A high percentage of high school tennis players began their careers participating in USTA Challenger events. This tennis camp is designed for middle school aged boys and girls who want to develop their game to prepare and play on the high school tennis team. Learn proper skills, drills and match play strategy. Open to all levels of play. Please bring a tennis racquet, daily water supply, and one new can of tennis balls.

**Age:** 12 - 16 Years

**#20258**

Mon/Wed 6/27-7/27 12:15-1:45 p.m.

**#20259**

Mon/Wed 6/27-7/27 1:45-3:15 p.m.

**Fee:** \$38 w/Resident Disc: \$35

**Location:** Shorecrest High School

**Instructor:** Wayne & Wes Abney

## LFP Future Tennis Stars Camps

This tennis camp for boys and girls offers beginning level drills, ground strokes, match play, and game strategy. A great place to begin. Please bring a tennis racquet, daily water supply, and one new can of tennis balls to class. 'Future Stars' Camps fill quickly, so register early. Rain outs are rescheduled on Fridays.

**Age:** 8 - 12 Years

**#20256**

Mon-Thu 6/27-6/30 9:30-11:00 a.m.

**#20257**

Mon-Thu 7/11-7/14 9:30-11:00 a.m.

**Fee:** \$44 w/Resident Disc: \$40

**Location:** Lake Forest Park Elementary School

**Instructor:** Wayne & Wes Abney

## Shoreline Junior Tennis Team

Join the Shoreline Junior Tennis Team and learn to play with other participants at your skill level through both weekly practices and matches. The Shoreline team is a member of the Evergreen Junior Tennis League which includes teams from Edmonds, Mountlake Terrace, Lynnwood, and Everett. To be a member of the team, you must have completed a series of beginner lessons prior to registering. Please bring a tennis racquet, daily water supply, and one new can of tennis balls. Home matches take place at Shoreview Park Tennis Courts on Friday afternoons. Parents will need to provide transportation to away matches at Edmonds, Mountlake Terrace, Lynnwood, and Everett on Fridays. Times of matches to be determined.

**Age:** 10 - 16 Years

**#20262**

Tue/Thu/Fri 6/28-8/5 12:30-2:30 p.m.

**Fee:** \$99 w/Resident Disc: \$90

**Location:** Shoreview Park Tennis Courts

**Instructor:** Wayne & Wes Abney

## Skateboard Classes

Always wanted to be able to grind the rail but just can't seem to get the hang of it? Now's your chance to learn. Lessons available for those who are learning to ride for the first time (beginners) and for those looking for something more advanced (intermediate).

**Age:** 7 Years and up

**#21502**

Mon-Fri 7/11-7/15 10:00 a.m.-12:00 p.m.

**#21503**

Mon-Fri 7/25-7/29 10:00 a.m.-12:00 p.m.

**Fee:** \$43 w/Resident Disc: \$38

**Location:** Paramount School Park, Connie King Skate Park

## Shoreline Youth Sports Organizations

**Shoreline Univac Football**  
(206) 524-3185

**Richmond Football**  
(206) 365-7411

**Shoreline Cheer**  
(206) 365-7411

**Shoreline Univac Basketball**  
(206) 367-6548

**Sports Camp Management**  
(206) 546-1115  
[www.scmssports.com](http://www.scmssports.com)

**Shoreline YMCA Sports**  
(206) 364-1700

**Hillwood Soccer Club**  
(206) 542-3353  
[hillwoodsoccerclub@excite.com](mailto:hillwoodsoccerclub@excite.com)

**Shorelake Soccer Club**  
(206) 362-3594  
[www.shorelakesoccer.com](http://www.shorelakesoccer.com)

**North King County Little League**  
*Baseball/Softball*  
(206) 362-6316

**Richmond Little League**  
*Baseball/Softball*  
(206) 546-2255

**Sno-King Youth Club**  
*Soccer/Basketball/Baseball/Softball*  
(425) 775-2633

## Special Events

Check out these free special events for teens ages 12-19!

### #20945 Cypha '05

Do you consider yourself a B-boy or a B-girl? Whether you want to compete, watch, or just participate in open circles, this annual event is the place to be. Competitions and performances to be announced.

Sat 5/14 7:00-11:00 p.m.

**Location:** The REC

### #20946 School's Out BBQ & REC Reunion

Celebrate the end of school with a BBQ at the REC. Games, music, friends, and food will be there, will you? Also, the REC will be inviting back all of the old participants from the past 10 years to celebrate Shoreline's birthday! For ages 12-29 years.

Fri 6/24 12:00-11:00 p.m.

**Location:** The REC

### #20947 Celebrate Shoreline Teen Event

Kick off Celebrate Shoreline with a skateboard competition in the afternoon followed by a band show. Great prizes, food, music, giveaways, local bands, and tough competition, all for free! It doesn't get any better than this.

Fri 8/19 12:00-8:00 p.m.

**Location:** Paramount School Park,  
Connie King Skate Park

## Skateboard Classes

Always wanted to be able to grind the rail but just can't seem to get the hang of it? Now's your chance to learn. Lessons available for those who are learning to ride for the first time (beginners) and for those looking for something more advanced (intermediate).

**Age:** 11 Years and up

### #21504

Mon-Fri 7/11-7/15 1:00- 3:00 p.m.

### #21505

Mon-Fri 7/25-7/29 1:00- 3:00 p.m.

**Fee:** \$43 w/Resident Disc. \$38

**Location:** Paramount School Park,  
Connie King Skate Park

## Trips

Check out these cool trips for Teens! All pick ups and drop offs are at the Richmond Highlands Recreation Center (The REC) 16554 Fremont Ave. N. Scholarships available! Please call Alexis at (206) 546-6227 with any questions.



### #20938 Adult - Youth River Rafting

**Age:** 10 Years and up

Sat 5/7 8:00 a.m.- 8:00 p.m.

**Fee:** \$65 w/Resident Disc: \$60

### #20940 Wild Waves

Fri 7/8 10:30 a.m.-7:30 p.m.

**Fee:** \$35 w/Resident Disc: \$30

### #20942 Summer Hike

Wed 7/13 10:00 a.m.-3:00 p.m.

**Fee:** \$25 w/Resident Disc: \$20

### #20939 Adult - Youth Kayak

**Age:** 10 Years and up

Sat 7/23 8:30 a.m.-5:00 p.m.

**Fee:** \$45 w/Resident Disc: \$40

### #20943 Chelan Overnight

Tue 7/26 at 9:00 a.m.

to Thu 7/28 at 4:00 p.m.

**Fee:** \$120 w/Resident Disc: \$110

### #20944 Sea Kayak Overnight

Wed 8/3 at 9:00 a.m.

to Thu 8/4 at 5:00 p.m.

**Fee:** \$140 w/Resident Disc: \$130

### #20941 Wild Waves

Fri 8/12 10:30 a.m.-7:30 p.m.

**Fee:** \$35 w/Resident Disc: \$30



*It's a beautiful day in the neighborhood -- especially for Skateboard Classes!*



## Drop-in at The REC

16554 Fremont Ave. N. • (206) 542-6511

*Come kick it with your friends at The REC. You can shoot some pool, play hoops, watch movies, eat free food, listen to some good jams or just hang out. And...it's all FREE!*

### Hours May-June 25<sup>th</sup>:

Monday 1:30-7:00 p.m.  
Tues-Thurs 2:30-7:00 p.m.  
Friday 2:30 p.m.-12:00 a.m.  
Saturday 7:00 p.m.-12:00 a.m.

### Summer Hours: June 29-Sept 3

Wed/Thurs 2:30-7:00 p.m.  
Friday 2:30 p.m.-12:00 a.m.  
Saturday 7:00 p.m.-12:00 a.m.

The REC will be closed May 7 and August 19



*Come experience Hip Hop night at The REC!*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The REC	<b>Hip Hop Mondays</b> <b>2:00-7:00 p.m.</b> <b>May 2-June 20</b> Come to the REC and experience the culture of Hip-Hop. Breakdance lessons, circles, open mic, black book graf sessions, and listen to the sounds of local DJs.	<b>Express Yourself Tuesdays</b> <b>3:00-6:00 p.m.</b> <b>May 3-June 21</b> Come and show your artistic ability while creating a masterpiece. Here is what we have planned: <b>May:</b> Quick Gifts - come and make some quick art gifts that would be perfect for Mother's Day or birthdays. Cards, picture frames, candles, etc. <b>June:</b> Artist's Expression - come and experience different types of art.	<b>Movie Matinee Wednesdays</b> <b>3:30 p.m.</b> <b>May 4-June 22</b> Every Wednesday come to the REC Theater and enjoy a movie and some popcorn with your friends. We show new releases to old time favorites.  <b>Hip Hop Wednesday</b> <b>2:00-7:00 p.m.</b> <b>June 29-August 31</b> Hip Hop Monday moves to Wednesday during the summer at the REC. Come and do your thing. This activity will return to Mondays when school starts.	<b>Sports Day Thursdays</b> <b>3:00-6:00 p.m.</b> Do you enjoy playing sports? Then the REC is the place to be on Thursdays. We will be playing PE games like badminton, pickle-ball, basketball, indoor soccer and others. No skills required!	<b>Pool Tournaments</b> <b>9:00 p.m.</b> Come and shoot some stick against other local teens. It's free to enter and you might even win a cool prize. 8-Ball - 5/13, 6/3, 7/8, 8/5 9-Ball - 5/27, 6/17, 7/22  <b>Hip Hop Fridays</b> <b>9:00 p.m.-Midnight</b> 5/20, 6/10, 7/15, 8/12 Can you flow, spin, or break. Come to the REC to see if you can become B-Boy/B-Girl of the month during a 1-on-1 battle or just come and practice.	<b>Movie Nights</b> <b>9:00 p.m.</b> 6/11, 7/9, 8/6 The REC Theater presents a new release movie. Anyone want popcorn?  <b>Card Competitions</b> <b>8:00 p.m.</b> Join us at the REC to see who will be the best card players. This summer we have four card game competitions to compete in. May 21 Thirteen June 18 Speed July 16 War Aug 20 Rummy  <b>Night Court</b> <b>8:00 p.m.</b> 5/28, 6/25, 7/30, 8/27 Court will be in session at the REC as we play basketball. Games of 4-on-4, 21, or just shoot around.



## The CENTER (previously the Annex)

2800 N.E. 200th Street • Shoreline • (206) 391-4037

### Hours:

Friday and Saturday 8:00 p.m.- Midnight

The Center will be closed on 5/14, 6/24, & 8/19

Transportation available to and from The Center on Friday and Saturday nights. For more information, contact Waldo at (206) 546-0662.

## Special Event at The Center:

### Summer Night 2005: July 16, 7:00 p.m.-Midnight

Join us for a night of games, open circles, prizes, and FREE FOOD!!! Don't be caught lying around on July 16 when the party is at The Center. Get up and invite your friends to this extravaganza held once a year. Participate in the many games available for all skill levels or show up and watch break-dancers perform.

## The CENTER

### Ping-Pong 5/6, 6/11, 7/9, 8/13

Challenge staff or your peers at Ping-Pong in a tournament-style competition or just a single match.

### Movie Night 5/7, 6/4, 7/2, 8/6

Want to see new releases or the classic movies? Enjoy a great movie with friends.

### Gym Night 5/7, 6/4, 7/2, 8/6

Staff will pick the game of the month. The champion will be awarded the special prize for the month so be sure to sign up in advance. Slots will go fast and so will the time.

### Pickle Ball 5/13, 6/10, 7/1, 8/12

Compete in single and double matches in a tournament or just compete against other teens. All skills welcomed.

### Foosball 5/13, 6/10, 7/1, 8/12

Compete against teens or staff in a game of foosball where many will try to be crowned the ultimate champion. Many will try, some will win, but only one can be champion.

### Bump Tourney 5/20, 6/17, 7/15, 8/26

Be sure you are the only one standing and not the first one out because the ultimate winner will be named The Center champion and receive the surprise prize!

### Indoor Soccer 5/20, 6/17, 7/15, 8/26

Enjoy playing soccer but without an outdoor atmosphere? Compete in this rapid game of soccer where weather will not influence the game. This 4-on-4 game of soccer will test your footwork and coordination where the soccer ball is small but the goals are big.

### 3-on-3 Basketball Tourney

5/21, 6/18, 7/23, 8/20

Enjoy a night at The Center in spirited competitions against teams from around Shoreline. Prizes to be awarded.

### Karaoke 5/27, 6/24

Bring your favorite CD and your voice for a night of smiles and beautiful music. Who knows who might be the next Idol!!!

### Floor Hockey 5/27

This 5-on-5 team game brings excitement to the floor where the winner will be given a prize. No skills needed, just a positive attitude and open mind.

### Dance Club 5/28, 6/25, 7/30, 8/27

Learn different dance styles from around the world. Be sure to bring a good pair of comfortable shoes. Join us every month for a good time and a good laugh while we learn the different dance styles.

### Card Night 6/3, 7/29

Got Cards? Sign-up for 13, rummy, or 21 tournaments and be The Center champion! But be careful who you challenge because you never know who is a professional.

### Whiffle Ball 6/3

Try a similar game of baseball inside The Center where strategy pays off. This 5-on-5 game will bring many smiles to faces, but only one team can be the champion. No skill is needed just your hands to catch the ball.

### Pool Tourney 6/11, 7/9, 8/13

Test your skills in 9-ball or 8-ball pool at The Center where many will try to become the champion but only some will succeed, and it might be YOU!!

### Volleyball 6/24, 7/29

Bring your skills and create your own team to compete against other teens. Only some can be named champion but many can have fun. No skill is needed just willingness to learn and compete.

### Badminton 7/8, 8/5

Like Badminton? Challenge staff and teens to a game of badminton but careful who you choose because some have already mastered badminton.





*Smile and the whole world smiles with you! This Tuesday Treks group is all smiles at the beach.*

## Girlz Group!

All Girlz Group activities are free and open to girls ages 12-19. Pre-registration is required. Pick-up and drop-off for all trips takes place at the Richmond Highlands Recreation Center (The REC), 16554 Fremont Avenue N. Please call Alexis at (206) 546-6227 if you have questions.

**#20931 Art Walk**  
Thu 5/5 5:00-8:30 p.m.

The Seattle International Film Festival runs 5/19-6/12. We'll take two sessions to explore the Women In Cinema aspect of the festival. Times and dates to be announced.

**#20932 Pizza Party**  
Wed 6/15 4:00-6:00 p.m.

**#20933 Green Lake**  
Wed 6/29 11:00 a.m.-4:00 p.m.

**#20934 Snoqualmie Falls and Outlet Mall**  
Wed 7/6 10:00 a.m.-4:00 p.m.

**#20935 Lake Wenatchee Overnight**  
Wed-Thurs 7/20-7/21 11:30 a.m.-6:00 p.m.

**#20936 Team Building**  
Wed 8/10 10:00 a.m.-4:00 p.m.

**#20937 Day at the Beach**  
Wed 8/24 11:00 a.m.-5:00 p.m.

## Girl's High School Summer Basketball League



Register your team by May 20th. A Round-robin schedule with a post-season tournament. Eight teams will be formed in one division. Please call (206) 418-3383 for more information. Shoreline teams receive a resident discount for a fee of \$346 per team (If 51% of roster lives, or pays property tax in Shoreline).

**#20616**  
**Age:** 14 Years and up  
**Tue/Thu** 6/7-7/14 5:30-10:00 p.m.  
**Fee:** \$385 w/Resident Disc: \$367  
**Location:** Spartan Gym



## Tuesday Treks

Every Tuesday throughout the summer the Teen Program is touring the greater Seattle area. Join us for these free trips as we head to different beaches or parks to hang out, play games and get some sun.

**#20726 Golden Gardens**  
Tue 7/5 12:00-5:30 p.m.

**#20802 Seattle Center**  
Tue 7/12 12:00-5:30 p.m.

**#20803 Juanita beach**  
Tue 7/19 12:00-5:30 p.m.

**#20804 Alki Beach**  
Tue 7/26 12:00-5:30 p.m.

**#20805 Flowing Lake**  
Tue 8/2 12:00-5:30 p.m.

**#20806 Green Lake**  
Tue 8/9 12:00-5:30 p.m.

**#20807 Woodinville Skate and BMX Park**  
Tue 8/16 12:00-5:30 p.m.

**#20808 Angle Lake**  
Tue 8/23 12:00-5:30 p.m.

**#20809 Seattle Waterfront**  
Tue 8/30 12:00-5:30 p.m.

## Empowering Youth Everywhere

EYE is all about empowering youth through leadership and organizational skills. Learn how to develop programs such as talent shows, resource fairs, bandshow and more. Express your ideas in a forum that is safe for teen issues and have a voice in activities in Shoreline. Community service hours available. If you would like to participate please contact Waldo at (206) 546-0662.

**Jamba Chat**  
"Is Everyone Treated Differently?"  
Sun, 5/28 8:00-9:30 p.m.

**Experience Music Project**  
Sat, 5/21 12:00-4:00 p.m.

**International District/Chinatown**  
Thurs, 6/9 10:00 a.m.-3:00 p.m.

**Seattle Art Museum**  
Sat, 6/11 11:00 a.m.-4:00 p.m.

**DayBreak Star Pow Wow**  
Sat, 7/16 12:00 p.m.-4:00 p.m.

**Greenlake BBQ**  
Wed, 7/27 12:00 p.m.-6:00 p.m.

**Team Building**  
Wed, 8/10 10:00 a.m.-4:00 p.m.

**Ocean Shores Camping**  
Drop-off: Wed, 8/24 at 8:00 a.m.  
Pick-up: Thurs, 8/25 at 6:00 p.m.

# Shoreline Pool

19030 1<sup>st</sup> Avenue NE  
Shoreline, WA 98155  
**PHONE: (206) 362-1307**

## Regular Hours:

Monday - Friday 5:30 a.m.- 8:30 p.m.  
Saturday 10:00 a.m.-3:00 p.m.  
Sunday 11:30 a.m.-3:00 p.m.

## Pool Closures:

Monday, May 30 - Memorial Day  
Monday, July 4 - Independence Day

## General Admission Fees

	<b>Fee:</b>	<b>w/Resident</b>	<b>Disc.:</b>
Children 4 & under .....	Free	.....	Free
Youth 5-17 years .....	\$2.75		\$2.25
Disabled & Seniors 60+ years .....	\$2.75		\$2.25
Adult .....	\$3.75		\$3.25
Family-parent & their children .....	\$9.00		\$8.00
Shower Only .....	\$1.00		\$1.00
<b>WATER AEROBICS:</b>			
Adult Drop-in .....	\$4.50		\$4.00
Adult 10-Punch .....	\$36.00		\$32.00
Senior Drop-in .....	\$3.75		\$3.00
Senior 10-Punch .....	\$28.00		\$24.00
<b>ARTHRITIS CLASSES</b> .....	\$3.75		\$3.50

## Pool Party Rentals

Our party days are Fridays 6:30-8:30 p.m. and Saturday & Sunday 3:00-7:00 p.m. Use of all the pool "fun stuff" and lifeguards are included in rental cost. Public balcony available during your rental time. Hourly rentals are as follows:

1 to 60 people .....	\$90	\$80
61 to 150 people .....	\$145	\$125

## Pool Passes

Save money while you swim!  
Passes make great gifts!

	<b>Youth/ Senior/ Disabled</b>	<b>Adult</b>	<b>Family</b>
<b>10-Punch</b>	\$22	\$30	\$72
w/ Res. Disc.	\$18	\$26	\$64
<b>1 Month</b>	\$37.50	\$50.50	\$121.50
w/ Res. Disc.	\$26	\$43.75	\$108
<b>3 Month</b>	\$99	\$135	\$270
w/ Res. Disc.	\$78	\$117	\$234
<b>6 Month</b>	\$148	\$202.50	\$405
w/ Res. Disc.	\$135	\$189	\$378
<b>1 Year</b>	\$259	\$354.35	\$708.70
w/ Res. Disc.	\$236.25	\$330.75	\$661.50

## LESSON SESSION REGISTRATION DATES

### WEEKLY LESSONS:

**Fee:** \$22.50; **w/Resident Disc.** \$20

#### Session 1

##### Registration Date

Current Sat. Students: June 18, 10:00 a.m.-1:00 p.m.  
Current Mon/Wed Students: June 20, 5:00-7:30 p.m.  
Current Tue/Thu Students: June 21, 5:00-7:30 p.m.  
New Students/Open Registration: June 22, Walk-in at 10:00 a.m., phone in at 1:00 p.m.

##### Lesson Session Dates

June 27-July 1

#### Session 2

##### Registration Date

Current Students: July 1, 10:00 a.m.-12:00 p.m.  
New Students/Open Registration: July 1, walk-in at 10:00 a.m., phone in at 2:00 p.m.

##### Lesson Session Dates

July 5-8

#### Session 3

##### Registration Date

Current Students: July 8, 10:00 a.m.-12:00 p.m.  
New Students/Open Registration: July 8, walk-in at 10:00 a.m., phone in at 2:00 p.m.

##### Lesson Session Dates

July 11-15

#### Session 4

Current Students: July 15, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

July 18-22

New Students/Open Registration: July 15, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 5

##### Registration Date

Current Students: July 22, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

July 25-29

New Students/Open Registration: July 22, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 6

##### Registration Date

Current Students: July 29, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

August 1-5

New Students/Open Registration: July 29, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 7

##### Registration Date

Current Students: August 5, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

August 8-12

New Students/Open Registration: August 5, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 8

##### Registration Date

Current Students: August 12, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

August 15-19

New Students/Open Registration: August 12, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 9

##### Registration Date

Current Students: August 19, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

August 22-26

New Students/Open Registration: August 19, walk-in at 10:00 a.m., phone in at 2:00 p.m.

#### Session 10

##### Registration Date

Current Students: August 26, 10:00 a.m.-12:00 p.m.

##### Lesson Session Dates

August 29-September 2

New Students/Open Registration: August 26, walk-in at 10:00 a.m., phone in at 2:00 p.m.

## EVENING & SATURDAY LESSONS:

**Fee:** \$45; **w/Resident Discount:** \$40

#### Session 1

##### Registration Date

Current Sat. Students: June 18, 10:00 a.m.-1:00 p.m.  
Current Mon/Wed Students: June 20, 5:00-7:30 p.m.  
Current Tue/Thu Students: June 21, 5:00-7:30 p.m.  
New Students/Open Registration: June 22, Walk-in at 10:00 a.m., phone in at 2:00 p.m.

##### Lesson Session Dates

Sat, June 25-July 23  
Mon/Wed, June 27-July 27  
Tues/Thu, June 28-July 28

#### Session 2

##### Registration Date

Current Sat. Students: July 23, 10:00 a.m.-12:00 p.m.  
Current Mon/Wed Students: July 25, 5:30-7:30 p.m.  
Current Tue/Thu Students: July 26, 5:30-7:30 p.m.  
New Students/Open Registration: June 22, Walk-in at 10:00 a.m., phone in at 2:00 p.m.

##### Lesson Session Dates

Sat, July 30-August 27  
Mon/Wed, August 1-31  
Tues/Thu, 8/2-9/1

## How to Register:

Complete a free "pre-lesson" placement test to determine class level if you have not been enrolled in a program for the last six months. Tests are done during FAMILY OR PUBLIC SWIMS.

- Determine class days and desired time
- Register on scheduled registration dates (listed above.)
- Payment must be made at time of registration
- Classes not sufficiently filled may be combined, moved, or canceled.



# Shoreline Pool

## SWIM LESSONS

*Learn to swim with our extraordinary instructional staff!*

### Practice Card

Did you know each participant in our swim lesson program receives a practice pass? The more practice each participant gets, the more comfortable and confident they become with the skills required for their level.

Practice pass is for six free visits during the dates of the current swim lesson session the participant is registered for.

If child is under the age of 7, a parent/guardian can accompany the child into the pool at no charge.

To receive your practice pass, we need to take a picture of the participant and load it onto a scan pass. If you currently have a scan pass, it is reloaded each time that you register.

### Half-Way Day

Half-way through the swim lesson session, meet with your child's instructor during the last 10 minutes of class to learn about your child's progress. The instructor will give you a report card to let you know what your child is doing well and what needs improvement before the end of the session.

### Parent-Infant Tot Swim Lessons

Our instructors will assist you in teaching the basics of floating, kicking, reaching, bubble blowing and underwater exploration. No disposable diapers allowed in the pool. Swim diapers are required and available for purchase at the pool front desk.

#### Adult

**Ages:** 13 years & up

**Beginning:** No experience.

**Intermediate/Advanced:** Refine strokes and breathing.

#### Preschool

**Ages** 3-5 years

**Level 1:** Little or no previous water experience.

**Level 2:** Completed Preschool Level 1 or be able to easily experience water adjustment, complete rhythmic breathing for 5 times, front glide for 3 feet, and back glide unassisted.

**Level 3:** Completed Preschool Level 2 or be able to front float 10 seconds, swim on the front for 15 feet, and fin or scull on the back while kicking for 10 feet.

**Level 4:** Completed Preschool Level 3 or be able to swim 40 feet with side breathing backstroke 30 feet, deep water introduction.

**Level 5:** Completed Preschool Level 4 or be able to swim 75 feet with side breathing.

### Youth

**Ages** 6-14 years

**Level 1:** Little or no previous experience.

**Level 2:** Swim 10 yards on front and back, side breathing introduced.

**Level 3:** Swim 15 yards on front and back, treading water introduced, refine side breathing, deep water introduced.

**Level 4:** Swim 25 yards on front and back, breaststroke & butterfly kick, tread water one minute.

**Level 5:** Swim 50 yards on front and back, tread water for two minutes, breaststroke & butterfly 15 yards, sidestroke introduced.

**Level 6:** Swim 100 yards on front and back, breaststroke and butterfly 25 yards.

**Level 7:** Swim 500 yards combination of strokes.

## LESSON SCHEDULE

**Morning, Evening and Saturday** American Red Cross swim lessons are offered year round for all ages from infants to adults. Small class sizes provide more personalized, high quality instruction. Swim lessons are grouped by age and ability within each age group.

### Morning Classes

Monday through Friday  
10:00 a.m. to 12:00 p.m.  
30 minutes each

### Evening Classes

**Preschool/Youth**  
Monday & Wednesday  
**OR**

Tuesday & Thursday  
5:30-7:30 p.m.  
30 minutes each

#### Adult:

Monday & Wednesday  
8:45-9:30 p.m. Beg/Int./Adv.  
45 minutes each

### Saturday Classes

Between 10:00 a.m.-12:00 p.m.  
30 minutes each

### Swim Lesson Fees

#### Morning Classes

**(5x per week, 5 lessons)**

Parent & Tot (6 months-3 years) \$22.50  
w/ Resident Disc. .... \$20  
Preschool, Youth, Adult ..... \$22.50  
w/ Resident Disc. .... \$20

#### Evening Classes

**(2x per week, 10 lessons)**

Parent & Tot (6 months-3 years) ... \$45  
w/ Resident Disc. .... \$40  
Preschool, Youth, Adult ..... \$45  
w/ Resident Disc. .... \$40

#### Saturday Classes

**(5 lessons)**

Parent & Tot ..... \$22.50  
w/ Resident Disc. .... \$20  
Preschool, Youth ..... \$22.50  
w/ Resident Disc. .... \$20

### Public Swim

**Mon-Fri,** 2:00-3:45 p.m.  
**Sat & Sun,** 1:00-3:00 p.m.

Have fun, get wet, do a belly flop. Enjoy the pool, the diving board, mats, noodles, inner tubes, and the slide with friends and family. Open to all ages.

### REAL DEAL Swim

**Wed** 7:45-8:45 p.m.

Same fun as a Public Swim at a fraction of the cost! Our way of saying "Thank you" for swimming at the Shoreline Pool every Wednesday night.

Fee: \$1.50 w/Resident Disc.: \$1.00

### Family Swims

**Mon-Fri and Sun,** 11:30 a.m.-1:00 p.m.

A great way to spend quality time with your family. Especially fun for families with little ones, who are sure to sleep after active play in the water! Fun in the water promotes confidence to swim. Adult must be present in water with children at all times.

## 2005 Summer Schedule ~ June 26 - September 2

19030 1<sup>st</sup> Avenue NE, Shoreline, WA 98155, (206) 362-1307

(Pool Closed May 30 and July 4)

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00 a.m.	Early Riser Lap Swim	Early Riser Lap Swim	Early Riser Lap Swim	Early Riser Lap Swim	Early Riser Lap Swim		
7:00-8:00 a.m.	Masters Swim Team	Masters Swim Team	Masters Swim Team	Masters Swim Team	Masters Swim Team		
7:45-8:45 a.m. 8:00-9:00 a.m.	Shallow Water Aerobics & Lap Swim (3 Lanes)	Shallow Water Aerobics & Lap Swim (3 Lanes)	Shallow Water Aerobics & Lap Swim (3 Lanes)	Shallow Water Aerobics & Lap Swim (3 Lanes)	Shallow Water Aerobics & Lap Swim (6 Lanes)		
8:00 - 9:45 a.m.	GATORS Swim Team (3 Lanes)	GATORS Swim Team (3 Lanes)	GATORS Swim Team (3 Lanes)	GATORS Swim Team (3 Lanes)			
9:00 - 10:30 a.m.	Gentle Lap (3 Lanes)	Gentle Lap (3 Lanes)	Gentle Lap (3 Lanes)	Gentle Lap (3 Lanes)	Gentle Lap (6 Lanes)	8:45 - 9:45 Shallow Water Aerobics	Scheduled Programs
9:00 - 10:00 a.m. Shallow End	Shallow End Arthritis Therapy	Shallow End Gentle Exercise	Shallow End Arthritis Therapy	Shallow End Gentle Exercise	Shallow End Arthritis Therapy		
10:00 a.m. - 12:00 p.m.	M-F Swim Lessons	M-F Swim Lessons	M-F Swim Lessons	M-F Swim Lessons	M-F Swim Lessons	10:00 - 11:00 Deep Water Aerobics	
10:30 - 11:30 a.m. No Laps Available from 11:00 - 12:00 p.m.	Lap Swim (1 Lane) Deep Water Aerobics	Lap Swim (3 Lanes)	Lap Swim (1 Lane) Deep Water Aerobics	Lap Swim (3 Lanes)	Lap Swim (3 Lanes) Deep Water Aerobics	10:00 - 12:10 Swim Lessons	
12:00 p.m. - 1:50 p.m.	Adult & Senior Lap Swim & Family Swim	Adult & Senior Lap Swim & Family Swim	Adults & Senior Lap Swim & Family Swim	Adult & Senior Lap Swim & Family Swim	Adult & Senior Lap Swim & Family Swim	11:30 - 1:00 Lap Swim 12:00 - 1:00 Family Swim	11:30 - 1:00 Lap Swim & Family Swim
2:00 - 3:45 p.m.	Public Recreation Swim	Public Recreation Swim	Public Recreation Swim	Public Recreation Swim	Public Recreation Swim	1:00 - 3:00 Public Recreation Swim	1:00 - 3:00 Public Recreation Swim
4:00 - 5:30 p.m. 4:15 - 5:15 p.m.	Cascade Swim Team Family Swim	Cascade Swim Team Family Swim	Cascade Swim Team Family Swim	Cascade Swim Team Family Swim	Cascade Swim Team Family Swim	RENTALS AVAILABLE 3:00 - 7:00 p.m.	RENTALS AVAILABLE 3:00 - 7:00 p.m.
5:30 - 7:30 p.m.	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	5:30 - 6:30 p.m. Recreation Swim (2 Lap Lanes)	<ul style="list-style-type: none"> <li>Children under 7 years of age must be accompanied by an adult in the water at all times.</li> <li>Family Swims are adult/child programs in the shallow end only, an adult must be in the water with a maximum of three children per adult.</li> </ul>	
5:30 - 7:45 p.m.	GATORS Swim & Dive Team	GATORS Swim & Dive Team	GATORS Swim & Dive Team	GATORS & Swim Dive Team			
7:45 - 8:45 p.m.	Public Recreation Swim (2 Lap lanes)	Lap Swim (4 Lanes) Shallow & Deep Water Aerobics (7:35 start)	Real Deal Recreation Swim (No Lap Lanes)	Lap Swim (4 Lanes) Shallow & Deep Water Aerobics (7:35 start)	6:30 - 8:30 RENTALS AVAILABLE		

### Lap Swim

Mon-Fri, 5:30-7:00 a.m., 8:00-10:00 a.m. and 12-1:50 p.m.

Sat & Sun, 11:30 a.m.-1:00 p.m.

Everyone needs a good cardiovascular workout whether it's fast, medium or slow.

### Arthritis Foundation Aquatics Program

Mon/Wed/Fri, 9:00-10:00 a.m.

Our popular program is designed for people who are limited by impaired joint motion and/or strength. The program goals include improving or maintaining joint flexibility, maintain muscle strength or reduce muscle weakness, improve balance and coordination.

### Gentle Lap Swim

Mon-Fri 9:00-10:00 a.m.

If you want to swim, but don't need to win the race or "churn" the water, this is the best relaxing lap swim for you. Recommended for seniors, but open to all adult lap swimmers.

### Gentle Water Exercise

Tue/Thu 9:00-10:00 a.m.

This program is to help those who need to slowly get back into exercise due to illness, surgery, or medical treatment. This exercise is in the shallow end of the pool and no swimming ability is needed. Enjoy this supportive class with instructor Dianne West.

### Sensational Water Aerobics!

Shallow:

Mon-Fri 7:45-8:45 a.m.  
Tue/Thu 7:35-8:35 p.m.  
Sat 8:45-9:45 a.m.

Deep:

Mon/Wed/Fri 10:30-11:30 a.m.  
Tue/Thu 7:35 -8:35 p.m.  
Sat 10:00 -11:00 a.m.

Shallow water aerobics and deep-water exercise are low to no impact. Great for the joints. Absolutely no swimming skills required, but comfort in the water is recommended. The water environment works you harder than any high impact class.

# Shoreline Pool

## Summer Swim and Dive Teams

### Gators Swim Team

**Parent Information Meeting:** Wed, 6/15, 7:00 p.m. at Shoreline Center

**Gators Swim Meet Schedule:**

Fri, 7/8 @ Yost Park Pool in Edmonds vs. Yost Penguins from 5:00-9:00 p.m.  
Sat, 7/16 @ Shoreline Pool vs. Lynnwood Sharks from 3:00-7:00 p.m.  
Sat, 7/23 @ Shoreline Pool vs. Mountlake Terrace Marlins from 3:00-7:00 p.m.  
Sat, 7/30 @ Shoreline Pool vs. Kirkland Orcas from 3:00-7:00 p.m.  
Sat, 8/6 @ Shoreline Pool vs. McCollum Park from 3:00-7:00 p.m.  
Sat, 8/13: Championship Meet

### Gators Dive Team

Meet dates will be available at registration time.

**Parent Information Meeting:** Wed, 6/15, 7:00 p.m. at the Shoreline Center

### Gators Summer Dive Team

The team is a member of the Puget Sound Summer Dive League and will have dual meets throughout the season, ending with a championship meet. Must be able to do a front fall-in dive from the board and have passed Youth level 3 or Pre Level 4. Registration begins May 9, walk-in at 10:00 a.m., phone-in at 1:00 p.m. with a credit card.

**Age:** 5 - 18 Years

**#21303**  
Mon-Thu 6/27-8/11 6:15-7:00 p.m.

**#21304**  
Mon-Thu 6/27-8/11 7:00-7:45 p.m.

**Fee:** \$105 w/Resident Disc: \$95  
**Location:** Shoreline Pool

### Gators Swim Team

The team is a member of the CRAZE Summer Swim League and will have dual meets throughout the season with an end-of-season championship meet on August 13. Ages 5-8 must be able to swim 25 yards each of freestyle and backstroke. Ages 9-18 must be able to swim 50 yards each of freestyle and backstroke. Registration begins May 9, walk-in at 10:00 a.m., phone-in at 1:00 p.m. with a credit card.

**Age:** 5-12 Years

**#21402**  
Mon-Thu 6/27-8/11 9:00-9:45 a.m.

**#21403**  
Mon-Thu 6/27-8/11 5:30-6:15 p.m.

**Age:** 11 - 18 Years

**#21404**  
Mon-Thu 6/27-8/11 8:00-9:00 a.m.

**#21405**  
Mon-Thu 6/27-8/11 6:30-7:30 p.m.

**Fee:** \$105 w/Resident Disc: \$95  
**Location:** Shoreline Pool

### Mini-Stingrays

Come and splash around at the pool! Activities include swim lessons, diving, water safety, games, open swims, crafts and outdoor games at the park. The last day is spent at Richmond Beach Saltwater Park (weather permitting). Must be able to swim 13 yards each of front crawl and back crawl.

**Age:** 4 - 7 Years  
Tue-Fri 7/5-7/8 10:30 a.m.-3:00 p.m.  
**Fee:** \$76 w/Resident Disc: \$68

**#21319**  
Mon-Fri 7/11-7/15 10:30 a.m.-3:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21320**  
Mon-Fri 7/25-7/29 10:30 a.m.-3:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21321**  
Mon-Fri 8/8-8/12 10:30 a.m.-3:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21322**  
Mon-Fri 8/15-8/19 10:30 a.m.-3:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85  
**Location:** Shoreline Pool

### Lifeguard Training Course

Learn to respond to water emergencies and to perform lifesaving CPR and First Aid. Must be 15 years old by the end of the course. Graduates receive an American Red Cross certification in Lifeguarding, CPR-FPR and Preventing Disease Transmission. Fee includes course and Rec Cross Certification costs. Additional charge of \$46.80 at the first class for book and pocket mask, if participants need course textbook.

**#21309**  
**Age:** 15 Years and up  
Mon-Fri 6/27-7/1 9:00 a.m.-4:00 p.m.  
**Fee:** \$126 w/Resident Disc: \$111  
**Location:** Shoreline Pool

### Stingrays

Come and splash around at the pool. Activities include swim lessons, diving, water safety, water games, open swims, crafts, and outdoor games at the park. The last day is spent at Richmond Beach Saltwater Park (weather permitting). Must be able to swim 25 yards each of front and back crawl. Camp is for ages 8 - 12 year olds. Registration begins May 9, walk-in at 10:00 a.m., phone-in at 1:00 p.m. with a credit card.

**Age:** 7 - 11 Years

**#21312**  
Tue-Fri 7/5-7/8 10:30 a.m.-4:00 p.m.  
**Fee:** \$76 w/Resident Disc: \$68

**#21313**  
Mon-Fri 7/18-7/22 10:30 a.m.-4:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21314**  
Mon-Fri 8/1-8/5 10:30 a.m.-4:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21315**  
Mon-Fri 8/15-8/19 10:30 a.m.-4:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21316**  
Mon-Fri 8/22-8/26 10:30 a.m.-4:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85

**#21317**  
Mon-Fri 8/29-9/2 10:30 a.m.-4:00 p.m.  
**Fee:** \$95 w/Resident Disc: \$85  
**Location:** Shoreline Pool



*Stingray and Mini Stingray swim camps brings a little piece of summer paradise to each child.*



## Dog Obedience

Join our popular Dog Obedience classes with instructor Joyce Biethan Seto. Please Note: **Handlers should be at least 12 years old. All puppies and dogs must be current on vaccinations.** DHLP Parvo required. Corona recommended. Rabies vaccination required for dogs over 6 months old.

## Puppy Manners

This 6-week class is for pups from 10 weeks through 6 months of age at start of class. Learn how to provide leadership and management for your puppy so you can experience the fun and pleasure of catching him doing something right rather than having to deal with the consequences of what he did wrong. Topics include socialization, crate training, house training, grooming, body handling, dealing with mouthing, biting, jumping, barking, and much more. You will start to teach your pup foundation skills such as attending to you when asked, sit, down, come, take treats gently, & acceptance of restraint. Puppies should be vaccinated according to your veterinarian and the AVMA guidelines for his age. **Puppies do not come the first week unless it is a 4-week session.**

## Beginning Foundation Obedience

This class is for dogs 6 months to old age, plus those having completed Puppy Manners. Learn how to provide leadership for your dog, and management where needed. Learn how to manage pulling on the leash while you teach your dog how to willingly walk on a loose leash on a flat buckle collar. Teach your dog to wait at doors until given permission to proceed. Learn sit, down, stay, come, go to your rug and remain there. Learn about the importance of praise, reinforcement and release words. This is a great class for puppies that have completed Puppy Manners. You'll be introduced to new distractions, coached on previous skills, and some new skills will be added too. Dogs should be vaccinated according to your veterinarian and the AVMA guidelines for his age. **Dogs do not come the first week unless it is a 4-week session.**

## Progressing Foundation Obedience

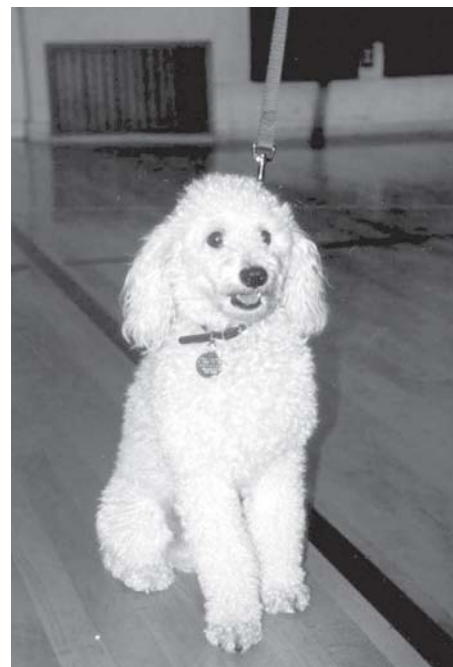
This class is for students who have been through the Beginning Foundation class. We will progress several of the skills you got started on in Beginning class. You and your dog will be introduced to the concept of food delay. ["You're gonna get the reward but not yet!"] We will also add a few more skills for both you and your dog. Clicker training will be explored as well as sampling a bit of the training that goes into a variety of dog sports including agility. **Dogs do not come to the first session.**

### MAY

- #20954 Puppy Manners**  
Thu 5/5-6/9 6:00-7:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium
- #20955 Beginning Foundation Obedience**  
Thu 5/5-6/9 7:00-8:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium
- #20956 Progressing Foundation Obedience**  
Thu 5/5-6/9 8:00-9:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium
- #20958 Beginning Obedience-Quick Start**  
Tue 5/17-6/14 7:15-8:45 p.m.  
No Class 5/31  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Richmond Highlands Recreation Center

### JUNE

- #20957 Beginning Obedience**  
Sat 6/4-6/25 9:00-10:30 a.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Richmond Highlands Recreation Center
- #20959 Puppy/Beginning**  
Thu 6/16-7/14 6:00-7:30 p.m.  
No Class 7/7  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium
- #20960 Continuing Foundation Obedience**  
Thu 6/16-7/14 7:30-9:00 p.m.  
No Class 7/7  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium



*All dogs love obedience classes.*

### JULY

- #20961 Beginning Obedience-Quick Start**  
Tue 7/12-8/2 7:00-8:30 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Richmond Highlands Recreation Center
- #20962 Puppy Manners**  
Thu 7/21-8/25 6:00-7:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Gymnasium
- #20963 Beginning Foundation Obedience**  
Thu 7/21-8/25 7:00-8:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Activity Building
- #20964 Progressing Foundation Obedience**  
Thu 7/21-8/25 8:00-9:00 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Fircrest Activity Building

### AUGUST

- #20966 Beginning Obedience**  
Sat 8/6-8/27 9:00-10:30 a.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Richmond Highlands Recreation Center
- #20965 Beginning Obedience-Quick Start**  
Tue 8/9-8/30 7:00-8:30 p.m.  
**Fee:** \$90 w/Resident Disc: \$85  
**Location:** Richmond Highlands Recreation Center
- Instructor:** Joyce BiethanSeto



# Safety Training



*Dedicated Karate students focus intently on their training.*

## Shoreline Fire Department

17525 Aurora Avenue N  
(206) 533-6500  
[www.shorelinefire.com](http://www.shorelinefire.com)

### American Heart Association CPR Classes

Classes are offered at the Shoreline Fire Department Headquarters, 17525 Aurora Avenue N, the first Saturday of every month, 8:00 a.m. to 12:00 p.m. Fee is \$15. The Heartsaver Card is issued. Class includes Adult, Child and Infant CPR, plus an introduction to the AED (Automated External Defibrillator). Call (206) 533-6500 for more information or to register.

### Community Emergency Response Team (CERT) Training

Learn to take care of your neighbors and assist the City of Shoreline in a major disaster. Community Emergency Response Team (CERT) training will be held on seven consecutive Thursday evenings in May/June 2005. Classes include basic medical operations, light search and rescue, multi-hazard emergency preparations and fire safety and prevention. Call (206) 533-6564 for more information and to register.

## Babysitter's Training Course

This training course will teach you the responsibilities and qualities of being a good babysitter and what to expect from the person who hires you. You'll also learn how to interview for a babysitting job, make responsible decisions, supervise children and handle emergencies or illness. Bring a lunch.

**Age:** 11 Years and up

**#20567**

**Sat** 5/14 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20568**

**Sat** 6/25 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20569**

**Sat** 7/30 9:00 a.m.-4:00 p.m.  
**Location:** Spartan Gym Recreation Center, Cascade Room

**#20570**

**Tue** 8/9 9:00 a.m.-4:00 p.m.  
**Location:** Shoreline Center, Northridge Room

**Fee:** \$49 w/Resident Disc: \$45  
**Instructor:** American Red Cross Staff

## Family Karate

Self-defense, confidence and physical fitness are some of many benefits that come from quality Karate training. Join dedicated instructors and a friendly, diverse group of students in the study of Tang Soo Do, a traditional Korean style of Karate. Supplemental self-defense training includes techniques from Judo and Aikido. Rank promotion is available to those who train regularly and special classes are offered to advanced ranks. The Wednesday evening program is designed for intermediate or advanced students with the ranks of green belt and above. No class on 5/30, 7/4, and 9/5.

**Age:** 9 Years and up

**#20366**

**Mon** 5/16-7/18 7:15-8:30 p.m.  
**Fee:** \$34 w/Resident Disc: \$31

**#20367**

**Wed** 5/4-7/6 7:15-8:30 p.m.  
**Fee:** \$39 w/Resident Disc: \$35

**#20368**

**Mon/Wed** 5/4-7/18 7:15-8:30 p.m.  
**Fee:** \$60 w/Resident Disc: \$55

**#20373**

**Mon** 7/25-9/19 7:15-8:30 p.m.  
**Fee:** \$34 w/Resident Disc: \$31

**#20374**

**Wed** 7/13-9/14 7:15-8:30 p.m.  
**Fee:** \$39 w/Resident Disc: \$35

**#20375**

**Mon/Wed** 7/13-9/19 7:15-8:30 p.m.  
**Fee:** \$60 w/Resident Disc: \$55

**Location:** Richmond Highlands Recreation Center

**Instructor:** Gail Hammer & Eric Madis

## Lifeguard Training Course

Learn to respond to water emergencies and to perform lifesaving CPR and First Aid. Must be 15 years old by the end of the course. Graduates receive an American Red Cross certification in Lifeguarding, CPR-FPR and Preventing Disease Transmission. Fee includes course and Rec Cross Certification Fee. Additional charge of \$46.80 at the first class for book and pocket mask, if participants need course textbook.

**#21309**

**Age:** 15 Years and up  
**Mon-Fri** 6/27-7/1 9:00 a.m.-4:00 p.m.  
**Fee:** \$126 w/Resident Disc: \$111  
**Location:** Shoreline Pool



*Downward Dog is a popular pose in Yoga class.*

## Yoga

Join one of our most popular classes! Yoga builds flexibility, balance, and endurance through stretching exercises and poses. Learn to release tension, relax, and calm the mind through yoga. Come with bare feet and comfortable clothing. Bring an exercise mat for all sessions. No class 7/4.

### #21255 Beg./Cont. Students

Mon 6/6-7/25 5:30-6:45 p.m.

**Fee:** \$65 w/Resident Disc: \$60 or \$10 drop-in

**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Elisabetha Sekine

### #21256 Continuing Students

Mon 6/6-7/25 7:00-8:30 p.m.

**Fee:** \$76 w/Resident Disc: \$70 or \$12 drop-in

**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Elisabetha Sekine

### #21257 Beg./Cont. Students

Tue 5/31-7/19 12:00-1:00 p.m.

**Fee:** \$60 w/Resident Disc: \$56 or \$10 drop-in

**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Elisabetha Sekine

### #21261 Richmond Beach Yoga

Mon 6/6-7/18 7:00-8:30 p.m.

**Fee:** \$68 w/Resident Disc: \$63

**Location:** Luminaries Wellness Center

**Instructor:** Sherry Corsiglia

## Tai Chi

Tai Chi is a non-strenuous traditional Chinese exercise that promotes concentration, balance and coordination. The slow and steady movements develop balance between mind and body to reduce stress. Wear loose clothing and flat-heeled shoes.

### #21252

Tue 6/7-6/28 7:30-8:30 p.m.

**Fee:** \$37 w/Resident Disc: \$34

**Location:** Spartan Gym Recreation Center, Dance Room

**Instructor:** Kevin Wilhelmsen, nurse educator and Tai Chi practitioner for more than 20 years.

## NIA Workout



Nia: A workout for the Body and Soul. Nia is a joyful and exhilarating worldwide fusion fitness practice that blends music and nine movement forms from dance arts, martial arts and yoga. Nia offers cardiovascular whole-body conditioning, stress reduction, more strength and flexibility and greater balance—the body's way. Done barefoot, no experience is required. Wear comfortable clothes and bring water. Nia will move you!

[www.niaseattle.com](http://www.niaseattle.com)

### #21652

Sat 5/7-6/11 10:00-11:00 a.m.

### #21653

Sat 6/18-7/23 10:00-11:00 a.m.

### #21654

Sat 7/30-9/27 10:00-11:00 a.m.

**Instructor:** Susan Tate, Certified Brown Belt Nia instructor, ACE certified.

### #21702

Tue 5/10-6/14 5:15-6:15 p.m.

### #21703

Tue 6/21-7/26 5:15-6:15 p.m.

### #21704

Tue 8/2-8/30 5:15-6:15 p.m.

**Instructor:** Daniela Assail, ACE certified

**Location:** Spartan Gym Recreation Center, Gymnastics room

**Fee:** \$65; w/ Resident Disc.: \$60; or \$10 drop-in fee

## Pilates

Pilates is the newest fitness craze, all for good reasons! Tone your muscles and strengthen your abdomen to support your spine and improve your flexibility. Join us for abdominal stretches, legwork, and back exercises all designed by Joseph Pilates. This class is perfect for all fitness levels. Bring an exercise mat. No Class 7/4.

### #21264

Mon 6/6-7/11 12:00-1:00 p.m.

### #21265

Wed 6/1-7/6 11:00 a.m.-12:00 p.m.

### #21266

Mon 6/6-7/11 6:00-7:00 p.m.



This internationally recognized dance fitness class is designed to accommodate all fitness levels! Class includes a warm-up, cardiovascular conditioning, muscle toning and stretching. Here's your chance to get in shape in a friendly fun environment. Bring an exercise mat for floor work.

REGISTER FOR JAZZERCISE WITH THE INSTRUCTOR AT THE PROGRAM SITE.

For more information, contact [mad.jazz@lycos.com](mailto:mad.jazz@lycos.com).

**Dates:** On-going, join anytime!

### Time:

Mon/Fri 9:45-10:45 a.m.

Tue/Thu 9:30-10:30 a.m.

Mon/Tue/Thu 6:00-7:00 p.m.

Sat 9:00-10:00 a.m.

### Fee:

Option 1: Easy Fitness Ticket: \$36

(monthly pass-automated payment)

Option 2: Monthly Pass: \$50

Option 3: Per-class drop-in: \$10

Option 4: Four-class punch card: \$32

**Location:** Spartan Gym Recreation Center, Aerobics Room

### #21267

Wed 6/1-7/6 6:00-7:00 p.m.

### #21268

Mon 7/18-8/22 12:00-1:00 p.m.

### #21269

Wed 7/13-8/17 11:00 a.m.-12:00 p.m.

### #21270

Mon 7/18-8/22 6:00-7:00 p.m.

### #21271

Wed 7/13-8/17 6:00-7:00 p.m.

**Fee:** \$49 w/Resident Disc: \$45

**Location:** Spartan Gym Recreation Center, Dance Room

**Instructor:** Vicki Gabrielle, ACE Certified



# Adults

## Ballroom Dance

For beginning students as well as the experienced, this class will give you the confidence to dance at an upcoming wedding or next night out. We'll focus on the waltz and swing. No experience needed. Partners preferred. Hard-soled shoes are preferred. No class 5/30.

### #20560

Mon 5/9-6/13 6:45-7:45 p.m.

### #20561

Mon 7/11-8/8 6:45-7:45 p.m.

**Fee:** \$49 w/Resident Disc: \$45

**Location:** Spartan Gym Recreation Center, Gymnastics Room

**Instructor:** Diane Conroy, dance instructor & competitor

## East Coast Swing

Swing is easy to learn, fun to do and a great introduction to partner dancing! Learn the basics of single-time and triple-time swing, with moves that will keep you turning and spinning. We'll explore a variety of styles of swing music as well. No experience necessary. Singles and couples welcome, no partners required. Hard-soled shoes preferred.

### #20554

Wed 5/18-6/15 7:15-8:15 p.m.

### #20555

Wed 6/22-7/20 7:15-8:15 p.m.

**Fee:** \$49 w/Resident Disc: \$45

**Location:** Spartan Gym recreation Center, Dance Room

**Instructor:** Mary Lee Lykes & Bridget Weaver

## Salsa

Dance to the Latin beat! Join this dance class where the steps will be fun, the music exciting and with a few tips you'll be comfortable with Salsa, Rumba, Mambo and Merengue. No experience required. Partners preferred. No class 5/30.

### #20558

Mon 5/9-6/13 7:45-8:45 p.m.

### #20559

Mon 7/11-8/8 7:45-8:45 p.m.

**Fee:** \$49 w/Resident Disc: \$45

**Location:** Spartan Gym Recreation Center, Gymnastics Room

**Instructor:** Diane Conroy, instructor & competitor

## Zydeco

This sassy dance born of Louisiana's Creole roots will have you on your feet and moving in no time. Learn the Zydeco Two-step with hot moves and music bound to set your heart and soul on fire. Join the Puget Sound area's strong and lively Zydeco community and experience the passion of dancing.

### #20556

Wed 5/18-6/15 8:15-9:15 p.m.

### #20557

Wed 6/22-7/20 8:15-9:15 p.m.

**Fee:** \$49 w/Resident Disc: \$45

**Location:** Spartan Gym Recreation Center, Dance Room

**Instructor:** Mary Lee Lykes & Bridget Weaver

## Feng Shui: Clutter Free Living

Discover how clutter can block the flow of energy in your living spaces and lead to confusion. Feng Shui is based on the premise that people experience healthier and more prosperous lives when their environment is harmonious. Learn to create a home free of clutter and full of harmony.

### #20953

Wed 5/25 6:30-9:00 p.m.

**Fee:** \$30 w/Resident Disc: \$28

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Maxine Norton, owner of Healing Spaces

## Bird Watching Adventures

Join local birders from the Seattle Audubon Society on a bird-watching adventure in Shoreview Park. Learn how to identify birds visually and by call, capture birds for banding to chart migratory patterns, and learn how your family can preserve birds and their habitat. Dress warmly for this great field trip! All ages welcome!

### #20967

Sat 5/21 8:30-10:00 a.m.

**Fee:** FREE!

**Location:** Shoreview Park

**Instructor:** Seattle Audubon Society Staff

## Kruckeberg Garden Tour

Explore this four-acre garden with a splendid mix of native and exotic groundcovers, shrubs, trees and a large variety of unusual plants. Learn to enhance your own landscape with native plants and gain inspiration for your own garden. Dress for the weather. Driving directions will be sent to participants.

### #21253

Sat 5/14 10:00 a.m.-12:00 p.m.

### #21254

Sat 6/11 10:00 a.m.-12:00 p.m.

**Fee:** Adults: \$22 w/Resident Disc: \$20

Youth (12-17):

\$11 w/Resident Disc: \$10

**Location:** Kruckeberg Botanical Garden

## Knitting Lessons

Scarves, hats, dishclothes and throws are all a craze. Learn to knit your own using favorite yarns and colors. This beginning level class will teach you to cast on, knit and purl to make various patterns and designs. No prior experience is necessary. Bring a pair of size 6 needles and a ball of worsted weight yarn (wool, acrylic or cotton).

### #20912

Tue 5/3-6/7 6:30-7:30 p.m.

### #20913

Tue 7/5-8/9 6:30-7:30 p.m.

**Fee:** \$39 w/Resident Disc: \$36

**Location:** Shoreline Center, Ronald Room

**Instructor:** Karin Virnig

## Guitar Lessons

Have you always wanted to play the guitar? Here's your chance to learn in a group setting. Learn basic chords, chord progressions, finger picking styles, how to read music and music theory. You will also learn to tune and care for your guitar. Bring your own guitar. Students will also need to purchase a music textbook from instructor for an additional \$27.

### #20908 Beginning Students

Tue 5/10-6/14 6:00-7:00 p.m.

### #20910 Continuing Students

Tue 5/10-6/14 7:00-8:00 p.m.

### #20909 Beginning Students

Tue 6/28-8/2 6:00-7:00 p.m.

### #20911 Continuing Students

Tue 6/28-8/2 7:00-8:00 p.m.

**Fee:** \$46 w/Resident Disc: \$42

**Location:** Shoreline Center, Richmond Room

**Instructor:** Patty Bailey, certified music educator



## Scrapbooking

Are you curious about the scrapbooking craze, but don't know where or how to get started? Join this workshop and learn the first steps. We will teach you simple layout designs that will focus on organizing your photos, not the embellishments. This process will lead to classic completed keepsake albums that will be enjoyed for years to come.

**#20927**

Thu 5/19 6:30-9:00 p.m.

**#20928**

Thu 6/16 6:30-9:00 p.m.

**Fee:** \$14 w/Resident Disc: \$12

**Location:** Shoreline Center, Ronald Room

**Instructor:** Lorena Simmons

## Travel Sketch

Do you have a trip planned in the near future? Rather than spending your time behind a camera to capture your memories, personalize your travel experiences by sketching them. This technique can be easily learned and used for years to come. Your sketches will be a perfect way to enhance your scrapbook, travel journal, diary or provide a beautiful souvenir of your travels. Beginning students welcome! Please bring a sketchpad, #2 pencil, and ink pen to class.

**#21202**

Wed 5/25 6:30-9:00 p.m.

**Fee:** \$27 w/resident Disc: \$25

**Location:** Shoreline Center, Ronald Room

**Instructor:** Jan Nelson, local artist

## Watercolor Workshop

Focus your day on your love of watercolor painting. This workshop will give you the time to spend learning and exploring new techniques to enhance your skills. Perfect for new students as well as those with some painting experience. Supply list will be sent to participants.

**#20919**

Sat 6/4-6/11 9:30 a.m.-2:30 p.m.

**#21452**

Sat 7/9-7/16 9:30 a.m.-2:30 p.m.

**Fee:** \$65 w/Resident Disc: \$60

**Location:** Spartan Gym Recreation Center, Olympic Room

**Instructor:** Bryan Briscoe, watercolor artist and designer.

## Smart Snacks



If you're looking for fresh ideas for healthy snacks that will leave you feeling energized, this workshop is for you. We will discuss the effects that food has on your mood and your energy level. Learn the components of a healthy snack and sample several delicious snacks that are quick to assemble and easy to take on the go. All supplies provided. \$3 supply fee payable to instructor.

**#20920**

Tue 6/7 7:00-9:00 p.m.

**Fee:** \$24 w/Resident Disc: \$22

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Karen Lamphere

## Main Dish Salads

Light, healthy main-dish salads are perfect for summer, and this cooking class makes them easy and quick to prepare. Karen will share her passion for salads that are both satisfying and nutritionally complete as a meal unto themselves. What could be better on a warm summer night? \$3 supply fee payable to instructor.

**#20906**

Tue 7/19 7:00-9:00 p.m.

**Fee:** \$24 w/Resident Disc: \$22

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Karen Lamphere, certified nutritionist

## Healthy Desserts

Is there such a thing as a healthy dessert? Join us and learn how to substitute natural, healthier alternatives to refined sugar and flour in cooking and baking while sampling delicious desserts and treats your whole family will love, such as Almond Flan, Chocolate Mousse, Lemon Coconut Chews and more. \$3 supply fee payable to instructor.

**#20907**

Tue 5/17 7:00-9:00 p.m.

**Fee:** \$24 w/Resident Disc: \$22

**Location:** Spartan Gym Recreation Center, Cascade Room

**Instructor:** Karen Lamphere



## Men's Summer Basketball League

Register your team by June 17. Six-game Wed/Sun schedule with no post-season tournament. Teams will be formed in one recreational division. Please contact the Spartan Gym at (206) 418-3383 for more information. Shoreline teams receive a resident discount for a fee of \$289 per team (If 51% of roster lives, or pays property tax in Shoreline).

**#20615**

Wed/Sun 6/22-8/11 6:00-10:00 p.m.

**Fee:** \$317 w/Resident Disc: \$289

**Location:** Spartan Gym

## Fall Softball League

Register by August 5 for one of three divisions in the 7th Annual Shoreline Slow-pitch Fall Softball League. Each team plays five double headers on weeknights. Contact the Spartan Gym at (206) 418-3383 for more information. Shoreline teams receive a resident discount for a fee of \$483 (If 51% of roster lives or pays property tax in Shoreline.) No post-season playoffs.

**#20613**

Mon-Tue, Thu 8/29-9/29 6:00-10:30 p.m.

**Fee:** \$531 w/Resident Disc: \$483

**Location:** Various

## Co-ed Summer Softball

Register your team by May 20 in the co-ed division in the 9th annual Shoreline Slowpitch Softball program. Games are double-headers and top teams qualify for post-season tournaments. New teams and interested individuals should call (206) 418-3383 for registration information. Shoreline spring Men's League teams receive a resident discount for a fee of \$891 per team (51% of roster lives, or pays property tax in Shoreline). Shoreline teams receive a resident discount for a fee of \$624 per team (51% of roster lives or pays property tax in Shoreline).

**Age:** 18 Years and up

**#18767 Coed Summer League**

Mon/Wed 6/27-8/31 6:00-10:00 p.m.

**Fee:** \$680 w/Resident Disc: \$624

**Location:** Various Shoreline Fields

# Adults

**SPECIAL  
EVENT!**

## Spartan Recreation Center Grand Reopening Celebration: May 17, 2005 at 5:30 p.m.!

Join us to celebrate the re-opening of the Spartan Recreation Center at Shoreline Center, located at 18560 1st Avenue N.E. Our newly remodeled facility features two additional classrooms with kitchen access, which means more activities and rental space for our customers! Don't miss the party: meet our staff and instructors, check out the new facility and enjoy a treat on us!



*Bump, set and spike your way to fun and the Spartan Gym Drop-in Volleyball program.*

## Adult Beginning Tennis Classes

Polish your beginner skills or learn the game of tennis for the first time. Serving, scoring, forehand and backhand shots will be reviewed during this program. We'll discuss injury prevention as well. Players must provide their own racquet and one new can of tennis balls for class. Rainouts will be rescheduled by class consensus.

**Age:** 17 Years and up  
**#20265**  
Sun 7/10-7/31 1:00-2:00 p.m.  
**#20266**  
Sun 7/10-7/31 2:00-3:00 p.m.  
**#20302**  
Mon 7/11-8/1 6:00-7:00 p.m.  
**#20303**  
Wed 7/13-8/3 6:00-7:00 p.m.  
**Fee:** \$34 w/Resident Disc: \$31  
**Location:** Shoreline Park, Tennis Courts  
**Instructor:** Wayne & Wes Abney

## Senior Adult Tennis League

This popular program continues to attract new players each year and is a great way to meet new tennis partners. Remember to bring a tennis racquet, daily water supply, and one new can of tennis balls. No fee to participate, however, please pre-register on a list of interested players at (206) 418-3383.

**#20372**  
**Age:** 50 Years and up  
Mon-Fri 6/13-9/9 9:00 a.m.-12:00 p.m.  
**Fee:** FREE!  
**Location:** Shoreview Park, Tennis Courts

## Spartan Gym and Weight Room ■ (206) 418-3383

### Drop-in Hours:

Mon.-Thurs. 8:00 a.m.-9:00 p.m.  
Friday 8:00 a.m.-5:00 p.m.  
Saturday 8:00 a.m.-4:00 p.m.

### Drop-in Restrictions:

- Gym: Children age 10 and under must be accompanied by an adult at all times.
- Weight Room: Participants must be 16 years or older to use the weight room. Participants ages 16 & 17 must be accompanied by a parent.
- **Personal Trainer available. Call (206) 418-3383 for details.**

### Drop-in Fees:

Adult: \$2.50 per visit  
w/ Resident Disc. \$2  
\$22/10-punch card;  
w/ Resident Disc. \$20  
\$50/3-month pass;  
w/ Resident Disc. \$46  
Youth: \$1 per visit  
\$9 per 10-punch pass;  
w/ Resident Disc. \$8  
\$22 per 3-month pass;  
w/ Resident Disc. \$20

## Drop-in Basketball - 16+

40 players maximum. All teams play on a rotating basis. Program ends on May 31, begins again in September

**Age:** 16 Years and up  
Tue 5/3-5/31 7:15-9:30 p.m.  
**Fee:** \$3.00 w/ Resident Disc.: \$3.00  
**Location:** Spartan Gym  
**Instructor:** Recreation Staff

## Drop-in Co-ed Volleyball

Indoor co-recreational volleyball offers fun and exercise for couples, teams, and individuals. 35 players maximum. No program on 5/30 and 7/4. Wednesday evening session ends on 6/22 for the summer.

**Age:** 16 Years and up  
Mon 5/2-8/8 7:15-9:30 p.m.  
Wed 5/4-6/22 7:15-9:30 p.m.  
**Fee:** \$3.00 w/ Resident Disc.: \$3.00  
**Location:** Spartan Gym  
**Instructor:** Recreation Staff

## Drop-in Senior Pickle Ball

A special opportunity for the senior adult to play pickle ball on a weekly basis. Seniors are responsible for set up and take down of courts. Program ends 6/22 for the summer.

**Age:** 50 Years and up  
Wed 5/4-6/22 1:00-3:00 p.m.  
**Fee:** FREE!  
**Location:** Spartan Gym  
**Instructor:** Carol Myers

## Drop-in Senior Volleyball

A special opportunity for the senior adult to play afternoon volleyball in a social environment. No class on 5/30. Program ends 6/23 for the summer.

**Age:** 50 Years and up  
Mon/Thu 5/2-6/23 1:00-3:00 p.m.  
**Fee:** \$1.00 w/ Resident Disc.: \$1.00  
**Location:** Spartan Gym  
**Instructor:** Jim Abernethy



# Specialized Recreation

## Recreation is for Everyone

If you are interested in any class but hesitate to register because of a developmental or physical limitation, please call the Spartan Gym at (206) 418-3383 (TTY available: (206) 546-0457) for help in getting started. Reasonable accommodations will need a minimum of three weeks notice in advance of the program start date. Participants needing individual assistance to participate in programs, including toileting, transferring, eating, dressing, or behavior intervention, must bring an attendant/companion to programs.

## Volunteers Wanted!

Please contact the Spartan Gym if you are interested/available to assist on our Specialized Recreation Trips & Tours or with the midday Adult Community Choices program. As a volunteer, you will have the opportunity to share your compassion for other people while receiving a great deal of friendship in return. Give it a try! Call (206) 418-3383 for further details.

## Scholarships Available

Call (206) 418-3383 for information

## Adult Community Choices

Co-sponsored through the King County Discovery Trust. This 8-week summer program is designed for adults with developmental disabilities and people with special needs who have little or no daytime activities. Program emphasizes community exploration and the pairing of participants with volunteers. Trips are typically scheduled to the pool, library, museum, aquarium, zoo, bowling center, shopping mall, local area restaurants and more. Please call (206) 418-3383 for more information.

**Age:** 18 Years and up  
**#20502**  
Wed 5/11-6/22 10:00 a.m.-2:00 p.m.  
**#20503**  
Wed 6/29-8/10 10:00 a.m.-2:00 p.m.  
**Fee:** \$114 w/Resident Disc: \$103  
**Location:** Richmond Highlands  
Recreation Center  
**Instructor:** Bonny McMahon



Join the Choices program and travel the Puget Sound!

## Daytime Drop-In

Come join Bonny at this daytime drop-in program. You are invited to drop by the Rec Center and spend time developing your life skills, getting involved in community service projects and building new relationships. Enjoy cooking, arts and crafts, games, musical performers, interesting guest speakers and exercise groups.

**#20504**  
**Age:** 12 Years and up  
Tue/Thu 5/3-8/18 10:00 a.m.-2:00 p.m.  
**Fee:** \$5  
**Location:** Richmond Highlands  
Recreation Center  
**Instructor:** Bonny McMahon

## Creative Arts for Life

Co-sponsored by the Shoreline-Lake Forest Park Arts Council. Join instructor Jill Rogers in this program that explores a different medium each week, including painting, drawing, collage sculpture and button making. Expand your horizons, discover your artistic talents, and create a special gift for someone you love.

**#20506**  
**Age:** 15 Years and up  
Tue 7/12-8/16 5:00-6:00 p.m.  
**Fee:** \$39 w/Resident Disc: \$35  
**Location:** Richmond Highlands  
Recreation Center  
**Instructor:** Jill Rogers

*All programs in this brochure are intended for those with and without disabilities. If you believe you may need special and reasonable accommodations, please call (206) 418-3383 and we will be happy to assist you.*

## Music Explosion!

Join instructor Jill Rogers in this eight-week program where we'll gather once a week to write, sing, play music and create a group CD album. Jill will use the universal language of music to break barriers between people with and without disabilities.

**#20507**  
**Age:** 15 Years and up  
Tue 7/12-8/16 6:00-7:00 p.m.  
**Fee:** \$39 w/Resident Disc: \$35  
**Location:** Richmond Highlands  
Recreation Center  
**Instructor:** Jill Rogers

# Specialized Recreation

## TRIPS AND SPECIAL EVENTS

### Dinner and a Movie

Eat dinner at Canyon's restaurant and head to the Mountlake 9 theater to catch a fantastic new release! We will vote on which movie to see when we arrive. Please bring \$15 for dinner. We will meet at Canyon's Restaurant before and after the movie.

**#20604**

**Age:** 15 Years and up  
**Fri:** 6/3 5:00-9:30 p.m.  
**Fee:** \$21 w/Resident Disc: \$19  
**Location:** Meet at Canyon's Restaurant  
**Instructor:** City of Shoreline  
Recreation Staff

### Trip to Celebrate Shoreline Events

Shoreline is celebrating its 10th Anniversary. Join this birthday party as we visit both the street parade as spectators and then head over to the musical performance and festival area at Ridgecrest Elementary. Bring \$10 for an afternoon snack and your most comfortable walking shoes as we will meet at lower Hamlin Park and then work our way over to the festival area at Ridgecrest Elementary. Pick up at the Ridgecrest School flag pole at 2:30 p.m.

**#20605**

**Age:** 15 Years and up  
**Sat:** 8/20 9:30 a.m.-2:30 p.m.  
**Fee:** \$7 w/Resident Disc: \$5  
**Location:** Hamlin Park, Football Field  
**Instructor:** City of Shoreline  
Recreation Staff

### Special Olympics Softball T-Ball Team

The City of Shoreline sponsors the ShoreLions Special Olympics softball team again this season. Practices for T-ball and the Development Skills tests begin in June at Cromwell Park. The King County Special Olympics regional softball tournament will happen Saturday, 7/16 at Hamlin Park. Pre-registration is required for all participants and all participants must provide a current Special Olympics medical form.

**#20756**

**Age:** 8 Years and up  
**Mon, Thu:** 6/13-8/11 7:00-8:00 p.m.  
**Fee:** \$49 w/Resident Disc: \$45  
**Location:** Cromwell Park  
**Instructor:** Christy Wicklander

### Shoreline Arts Festival

Let's meet at the Spartan Gym and plan to spend a fun afternoon visiting the sites and sounds of Shoreline's own Arts Festival. We will visit several exhibits, meet local artists and spend some time testing our very own artistic skills with a specialized craft project. Please remember to bring \$10 to spend on lunch at a vendor of your choice.

**#20602**

**Age:** 15 Years and up  
**Sun:** 6/26 12:00-4:00 p.m.  
**Fee:** \$7 w/Resident Disc: \$5  
**Location:** Shoreline Center  
**Instructor:** City of Shoreline  
Recreation Staff

### Mid-Summer Nights Dream Dance

Join us for a fun evening dance at the Shoreline Center as we celebrate the 10 year anniversary of both the City of Shoreline and our specialized recreation programs. Weather permitting, we hope to meet outside in the parking lot adjacent to the Spartan Gym. A live band will perform while you rock the night away with your friends and family. Snacks provided. Bring a pair of pavement dancing shoes, and thick pair of socks, in case we have to move indoors and dance in the gymnasium without shoes.

**#20603**

**Age:** 15 Years and up  
**Sat:** 7/16 5:00-8:30 p.m.  
**Fee:** FREE!  
**Location:** Meet at Spartan Gym  
**Instructor:** City of Shoreline  
Recreation Staff

### Trip to the Zoo

Join us as we travel to the Woodland Park Zoo to see the newest animal arrivals and new exhibits. We will eat lunch at the Zoo and check out the gift shop, as well. Bring \$20 for lunch and souvenirs, or bring your own sack lunch.

**#20553**

**Age:** 15 Years and up  
**Sat:** 5/21 10:30 a.m.-3:30 p.m.  
**Fee:** \$21 w/Resident Disc: \$19  
**Location:** Richmond Highlands  
Recreation Center  
**Instructor:** City of Shoreline  
Recreation Staff



*Strike into a new adventure with Bowling!*

### Bowling League

Designed for athletes with special needs. Brush up on your bowling skills, make new friends, and plan on having lots of fun in the Monday night bowling league at Spin Alley Bowling Center in Shoreline. Cost includes all bowling fees and shoe rental. No class on 5/30 and 7/4.

**#20552**

**Age:** 8 Years and up  
**Mon:** 5/16-7/18 6:30-8:00 p.m.  
**Fee:** \$49 w/Resident Disc: \$45  
**Location:** Spin Alley Family  
Bowling Center  
**Instructor:** City of Shoreline  
Recreation Staff

### Playground Inclusion Program

The goal of this program is to help meet the needs of your child as they are included to participate in the City-sponsored playground program. Join us as we explore activities in creative movement, storytelling, crafts, new games and performing arts. Register early. Limited enrollment. Staff to student ratio: 1:3. No class 6/27, 6/28, 7/4 and 7/5.

**Age:** 6 - 12 Years

**#20452**

**Wed-Fri:** 6/29-7/1 10:00 a.m.-3:00 p.m.  
**Fee:** \$27 w/Resident Disc: \$24

**#20453**

**Wed-Fri:** 7/6-7/8 10:00 a.m.-3:00 p.m.  
**Fee:** \$27 w/Resident Disc: \$24

**#20454**

**Mon-Fri:** 7/11-7/15 10:00 a.m.-3:00 p.m.  
**Fee:** \$44 w/Resident Disc: \$40

**#20455**

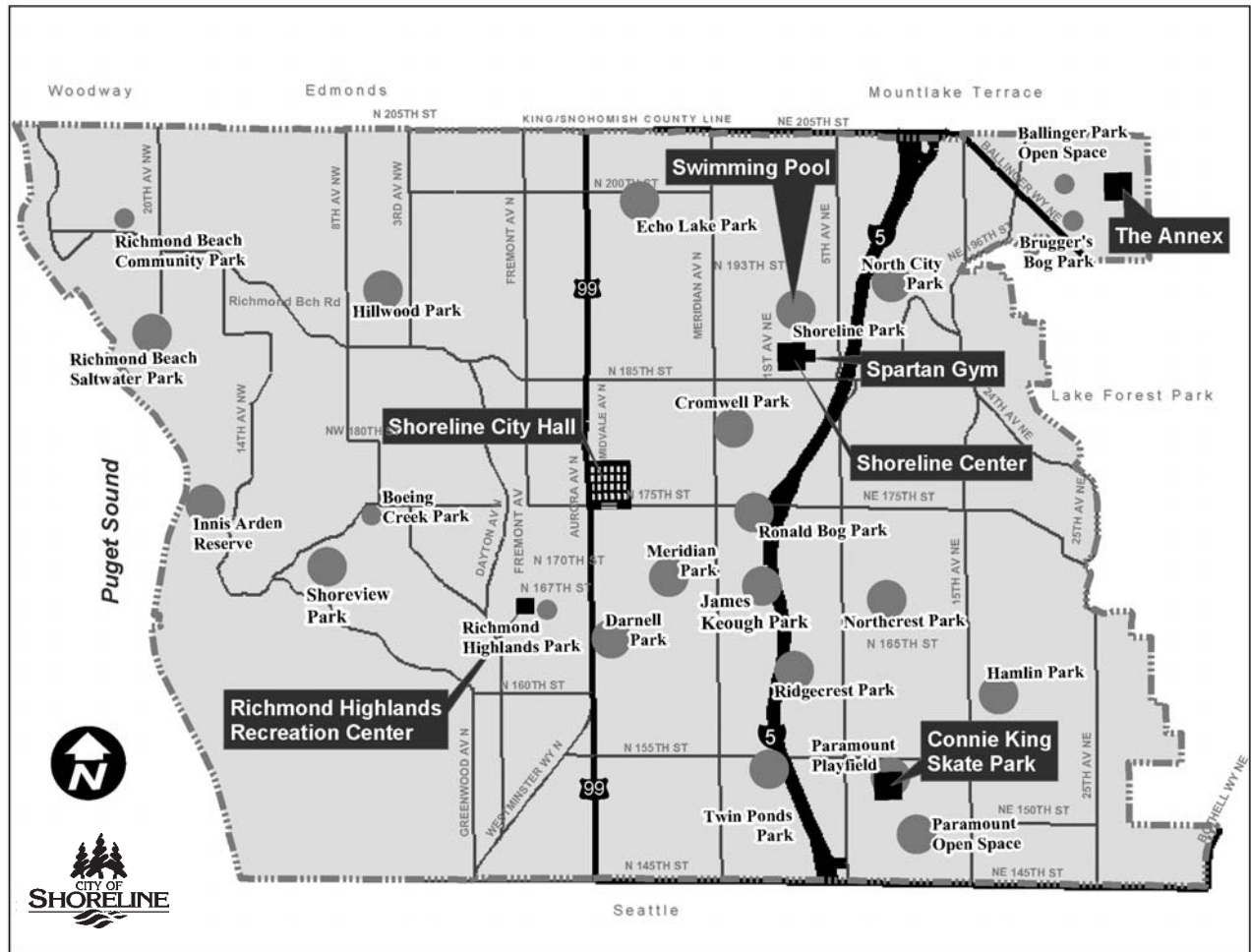
**Mon-Fri:** 7/18-7/22 10:00 a.m.-3:00 p.m.  
**Fee:** \$44 w/Resident Disc: \$40

**#20456**

**Mon-Fri:** 7/25-7/29 10:00 a.m.-3:00 p.m.  
**Fee:** \$44 w/Resident Disc: \$40

**Location:** Meridian Park School  
**Instructor:** City of Shoreline Recreation Staff

# Shoreline Parks & Program Facilities



**Aloha Island Treasures**  
17034 Aurora Avenue N.

**Ballinger Open Space**  
2300 N.E. 200th Street

**Brugger's Bog Park**  
19553 25th Avenue N.E.

**Boeing Creek Park**  
601 N.W. 175th Street

**Cromwell Park**  
18009 Corliss Avenue N.

**Darnell Park**  
1125 N. 165th Street

**Echo Lake Park**  
1521 N. 200th Street

**Einstein Middle School**  
19343 Third Avenue N.W.

**Fircrest Gym**  
15230 15th Avenue N.E.

**Hamlin Park**  
16006 15th Avenue N.E.

**Hillwood Park**  
19001 3rd Avenue N.W.

**Innis Arden Reserve**  
17601 14th Avenue N.W.

**James Keough Park**  
2301 N. 167th Street

**Kellogg Middle School**  
16045 25th Avenue N.E.

**Luminaries Wellness Center**  
2411 N.W. 195th Place

**Meridian Park School**  
17077 Meridian Avenue N.

**Meridian Park**  
16765 Wallingford Avenue N.

**North City Park**  
19201 10th Avenue N.E.

**Northcrest Park**  
827 N.E. 170th Street

**Paramount Park Open Space**  
946 N.E. 147th Street

**Paramount School Park and  
Connie King Skate Park**  
15300 8th Avenue N.E.

**Richmond Beach Community Park**  
2201 N.W. 197th Street

**Richmond Beach Library**  
19601 21st Avenue N.W.

**Richmond Beach Saltwater Park**  
2021 N.W. 190th Street

**Richmond Highlands Rec. Center**  
16554 Fremont Avenue N.

**Richmond Reserve**  
19101 22nd Avenue N.W.

**Ridgecrest Park**  
108 N.E. 161st Street

**Ronald Bog Park**  
2301 N. 175th Street

**Shorecrest High School**  
15343 25th Avenue N.E.

**Shoreline Library**  
345 N.E. 175th Street

**Shoreline Park**  
19030 1st Avenue N.E.

**Shoreline Pool**  
19030 1st Avenue N.E.

**Shoreview Park**  
700 N.W. Innis Arden Way

**Spartan Gym Recreation Center**  
18560 1st Avenue N.E.

**Standberg Preserve**  
19101 17th Avenue N.W.

**Twin Ponds Park**  
15401 1st Avenue N.E.



# Picnic Shelters & Field Rentals

Local charm and natural ambience create a great location for your next event. Choose from one of four picnic shelters, or a first-come-first-served picnic area. To reserve a shelter, call (206) 418-3383.

## Picnic Shelter Rentals

Picnic shelter reservations may be made up to six months in advance for use April 1 through September 30. Fees:

Full day: \$66; w/Resident Disc. \$60

Half-day: \$44; w/Resident Disc. \$40

(Half-day: 9:00 a.m.-2:00 p.m. or 2:30 p.m.-dusk)

## Coming soon ...

### • Paramount School Park Picnic Shelter 15300 8<sup>th</sup> Avenue N.E.

A brand new picnic shelter under construction and scheduled to open by Independence Day, 2005. The shelter will be adjacent to the children's play area, paved walking trail, ball fields and the Connie King Skate Park. Plan to enjoy an afternoon in the celebrated Paramount School Park.

## Richmond Beach Saltwater Park

2021 N.W. 190<sup>th</sup> Street

**Upper Shelter** – a large, plaza-like shelter with a panoramic view of Puget Sound and children's play equipment nearby.

**Lower Shelter** – right on the beach across the train track footbridge, and includes a pit for campfires. Ideal location for beach exploration and water play.



Richmond Beach Saltwater Park Upper Shelter

## Hamlin Park Shelter

16006 15<sup>th</sup> Avenue N.E.

A rustic shelter nestled in a mature forested setting with children's play equipment and numerous tree-lined walking trails. The adjacent ball fields may be available for an additional fee.



Hamlin Park's Picnic Shelter

## Athletic Field Scheduling

Call the Spartan Gym at (206) 418-3383

### Hourly Field Use Fees:

Youth: \$3.50; w/Resident Disc. \$3

(Youth fees apply to practices and games)

Adult Games: \$27.50; w/Resident Disc. \$25

Adult Practices: \$14.50; w/Resident Disc. \$13

Lights: \$14.50; w/Resident Disc. \$13

### Baseball & Softball Fields:

Cromwell Park

Hamlin Park

Hillwood Park

Paramount School Park

Richmond Highlands Park

Ridgecrest Park

Shoreview Park

### Soccer Fields:

Hillwood Park

Paramount Park

Richmond Highlands

Shoreline Park

Shoreview Park

Twin Ponds Park

### Football Fields:

Hamlin Park

Shoreline Park

## Richmond Highlands Recreation Center Rentals

16554 Fremont Avenue N. • (206) 418-3383

### Special Features:

- Available Saturdays from 1:30-6:00 p.m. and Sundays 1:30-9:00 p.m.
- Small gym with a stage
- Games room with table tennis and billiard tables
- Meeting / Café room with a kitchen
- Adjacent ball field may be available for an additional fee
- Outdoor play equipment for children
- Great for parties, reunions, receptions, etc.

### Hourly Fees: (two-hour minimum):

Entire Facility: \$54; w/Resident Disc. \$49

Gymnasium only: \$43; w/Resident Disc. \$39

Café/Games Room only: \$43; w/Resident Disc. \$39

## Spartan Recreation Center Rentals

18560 1st Avenue NE (Shoreline Center) • (206) 418-3383

### Special Features:

- Competition size gym with bleacher seating and two courts for volleyball or basketball contests (with divider curtain)
- Fitness room with vinyl floor, tables and chairs (ideal for parties)
- Dance room with finished wood floors, mirrored wall and natural lighting
- Swimming pool within walking distance
- Locker rooms and shower facilities
- Adjacent grass football sized field may also be available for an additional fee
- Great for families, social gatherings, youth group activities, and athletic events

### Fees (Tiered fee schedule includes Shoreline Resident Discount)

Entire Facility: \$77-\$115 per hour

Entire Gymnasium: \$30-\$60 per hour

One Court Only: \$15-\$32 per hour

Fitness Room: \$10-\$22 per hour

Dance Room: \$10-\$22 per hour

Multi-Purpose Room: \$20-\$32 per hour

w/ Kitchen

# Community Programs Guide

For information on additional leisure, recreational, and cultural activities in Shoreline, contact the following organizations:

## Shoreline Historical Museum

749 N 175th Street • (206) 542-7111

[www.shorelinehistoricalmuseum.org](http://www.shorelinehistoricalmuseum.org)

The Shoreline Historical Museum opened its doors with three floors of exhibits as a Community Bicentennial Project in 1976. Drawing from an archive of thousands of photos and a collection of more than 6000 artifacts, the Museum tells the story of the historic Shoreline area through the development of local cities and neighborhoods. The Museum is housed in the historic Ronald School building, constructed in 1912 and named after Judge James T. Ronald.

Regular Museum Hours: Tuesday – Saturday, 10:00 a.m. - 4:00 p.m.

Research Archive: Wednesdays, 10:00 a.m.-4:00 p.m. Admission: FREE  
Wheelchair accessible

### Join us for Hands-on Days!

All Hands-on activities are free, drop-in from 11:00 a.m. to 3:00 p.m. on the fourth Saturday of each month. Most activities take approximately 15 minutes to complete, appropriate for ages 4 to 11. Whatever you make you keep!

## Shoreline-Lake Forest Park Arts Council

In the Community Wing of the Shoreline Center

PO Box 55354

Shoreline WA 98155

(206) 417-4645 • FAX (206) 417-3259

[www.shorelinearts.net](http://www.shorelinearts.net)

[info@shorelinearts.net](mailto:info@shorelinearts.net)

Hours: Mon-Fri, 12:00-5:00 p.m.

### MAY

- 5/7, 7:00 p.m. - Readers' Theater reading of new plays, Shoreline Center
- 5/19, 5:00-7:00 p.m. - Gallery Open House – Meet the Artists. Gallery at the Shoreline Center

### JUNE

- 15th Annual Shoreline Arts Festival: See back page of this brochure for details
- Summer Evening Concerts: See the back cover of this brochure for details

## Shoreline-Lake Forest Park Senior Center

18560 1st Avenue NE • (206) 365-1536

Shoreline-Lake Forest Park Senior Center offers access to special services such as: our health enhancement program, free blood pressure/ diabetes checks, legal consultations, lunch program Meals on Wheels, purchase Metro bus stickers, senior rights assistance, reduced fee veterinarian services, computer classes and

more. Call (206) 365-1536 for a copy of our current newsletter or for more information.

- 5/5, 7:30 p.m. - Folk Reunion Tour Concert, with the Kingston Trio, The Brothers Four, Glenn Yarborough, Benaroya Concert Hall, benefit concert for the Shoreline-Lake Forest Park Senior Center and Ballard Senior Center. Tickets through TicketMaster and Benaroya.

### Family Breakfast Series

- 5/8, 8:30-11:30 a.m.
- 6/25 & 26, 8:30 a.m.-12:00 p.m.
- 8/14, 8:30-11:30 A.M.

## Shoreline Library

345 NE 175th Street • (206) 362-7550

Hours: Mon - Thurs 10:00 a.m. - 9:00 p.m.

Fri 10:00 a.m.-6:00 p.m.

Sat 10:00 a.m.-5:00 p.m.

Sun 1:00-5:00 p.m.

Ongoing summer events include:

- Young Toddler Time (ages 12-24 months): 7/5, 7/12, 7/19, 7/26, 8/9
- Toddler Time (ages 2-3 with an adult): 6/6-6/20 and 7/11-8/8
- Preschool Story Time: 7/6, 7/13, 7/20, 7/27
- The Lunch Bunch (ages 5-10, parents welcome): 7/5, 7/12, 7/19, 7/26

## Richmond Beach Library

19601 21st Avenue NW • (206) 546-3522

Hours: Mon/Tues/Thurs 1:00 - 9:00 p.m.

Fri & Sat, 12:00-5:00 p.m.

Ongoing summer events include:

- Tues, 4:00-6:00 p.m. - Talk Time. Free English conversation Classes. Meet people from around the world; improve your spoken English.
- Study Zone: Mon/Wed, 4:00-6:00 p.m., when school is in session. Need homework help? Get it at the library! Open to students in grades K-12.
- Book discussion for adults. Please call the library at (206) 546-3522 for book title: 5/2, 5/12, 6/6, 6/9, 7/11, 7/14.

## Shoreline/South County YMCA

1220 NE 175th Street

(206) 364-1700

The YMCA builds strong kids, families and communities through a variety of programs for the whole family.

## Shoreline Children's Center

(206) 361-4256

Ages 2-1/2 to 12 years

6:30 a.m.-6:30 p.m.

## Shoreline Community College

16101 Greenwood Ave. N

Shoreline, WA 98133

(206) 546-4606

[www.shoreline.edu](http://www.shoreline.edu)

**Shoreline Community College Extended Learning, (206) 533-6700 – Call to be added to our mailing list or write [extendedlearn@shoreline.edu](mailto:extendedlearn@shoreline.edu) [www.shoreline.edu/ce](http://www.shoreline.edu/ce)**

**Here are just a few of the exciting programs going on this summer at Shoreline Community College:**

- Summer Youth Computer Programs  
Programs include: *How to Build a Wicked Cool PC, Home Networking, Web Design, Computer Programming & Video Game Design*
- Summercollege for Folks over Fifty
- Summer Extended Learning Classes

## SCC Parent Education/Cooperative Preschool Program

(206) 546-4593

Shoreline Community College offers community members a unique parent education program that consists of a child-centered preschool program, adult-centered lectures and discussion groups. **Continuous open enrollment.**

## The Seattle Astronomical Society

P.O. Box 31746

Seattle, WA 98103-1746

SAS hotline: (206) 523-ASTR

[www.seattleastro.org](http://www.seattleastro.org)

- Sat. 5/14, 6/11, 7/9, 8/13, after dusk: Join the Seattle Astronomical Society each month at Paramount School Park and learn more as you view the stars and constellations. Bring your own telescope or use the ones provided at the park. Dress warmly. FREE!

## Minor Home Repair

Minor Home Repair program available to income-qualified homeowners. Materials are provided at cost and there is a small charge for labor. Repairs to the house structure include plumbing, electrical, carpentry and special aids for disabled access. For a free estimate, call Senior Services at (206) 448-5751.

# Registration Information

## Refunds

- A: 100%:** If City of Shoreline cancels a class due to insufficient enrollment.
- B: 100%: minus a \$5.00 processing fee** if you request a refund prior to the first class.
- No refunds for program fees less than \$5.00 unless canceled by Shoreline Parks, Recreation and Cultural Services.
- C: Credit:** Full credit can be given in lieu of a refund.

## Accessibility

The City of Shoreline will provide reasonable accommodations for people with disabilities. Please contact the Spartan Gym at (206) 418-3383, or the Shoreline Pool at (206) 362-1307.

## Non-Discrimination Policy

The City of Shoreline does not discriminate on the basis of race, color, national origin, creed, religion, sex, sexual orientation, age or ability.

## Scholarships Available

Scholarships available for youth and disabled programs. Call the Spartan Gym at (206) 418-3383, or the Shoreline Pool at (206) 362-1307.

*Se ofrecen becas para la juventud y personas con desarrollo retrasado. Para información llamen a (206) 418-3383.*

## Register Now!

- Pre-Registration is required for all classes.
- All fees are due at time of registration.
- Register early to secure your space in class!
- Payment is accepted by credit card, check, money order or credit on a recreation account.

## You can register many ways:

### 1. ONLINE:

Visit [www.cityofshoreline.com/parks](http://www.cityofshoreline.com/parks) to register for most recreation programs. Registration for Aquatics programs and Athletic Leagues is not available online at this time.

### 2. BY PHONE OR IN PERSON:

For *aquatics* programs, call the **Shoreline Pool** (206) 362-1307 or visit 19030 1st Ave. NE in Shoreline  
Mon- Fri 5:30 a.m. - 8:30 p.m.  
Sat 10:00 a.m. - 3:00 p.m.  
Sun 11:30 a.m. - 3:00 p.m.

For *all other* programs, call the **Spartan Gym** (206) 418-3383 or visit 18560 1st Ave. NE in Shoreline  
Mon - Thur 8:00 a.m. - 9:00 p.m.  
Fri 8:00 a.m. - 5:00 p.m.  
Sat 8:00 a.m. - 4:00 p.m.

### 3. BY FAX:




Payment by Credit Card only for faxed registrations. Aquatics programs fax: (206) 362-8450; all other programs fax: (206) 418-3380.

### 4. MAIL IN:

Send form (see below) and payment by check, Visa or MasterCard to:  
City of Shoreline  
Parks, Recreation and Cultural Services  
17544 Midvale Ave. N.  
Shoreline, WA 98133

수업보조금 청소년과 장애인을 위한 수업 보조금이 준비되어 있습니다.  
전화 문의와 신청은 (206) 418-3383 으로 전화하십시오.

Need another registration form? You may make copies of this form to register for multiple courses.

CITY OF SHORELINE - PARKS, RECREATION & CULTURAL SERVICES - (206) 418-3383						
		Date _____				
Last Name _____		First Name _____		Home Phone # ( ) _____		
Address _____		E-Mail _____		Work Phone ( ) _____		
City/State _____		Zip _____		Emergency # ( ) _____		
<b>How did you hear about us?</b> <input type="checkbox"/> City Website <input type="checkbox"/> Rec Guide <input type="checkbox"/> School/PTA <input type="checkbox"/> Shoreline Enterprise <input type="checkbox"/> Richmond Beach News <input type="checkbox"/> Flyer <input type="checkbox"/> Friend	CLASS NUMBER	CLASS TITLE	PARTICIPANT NAME	M/F	DATE OF BIRTH	FEE
<b>Please check one:</b> <input type="checkbox"/> Checks payable to: City of Shoreline		<input type="checkbox"/>  <input type="checkbox"/> 		Mail to: 17544 Midvale Ave. N., Shoreline, WA 98133		
Account # _____		Expiration Date _____				
I am aware of the nature of the recreation activities and I hereby assume all responsibility for myself and/or child as listed above. I will not hold the City of Shoreline and its agents or employees responsible in case of accident or injury as a result of this participation. I hereby authorize the use of photographs and/or videotapes of my child/children/ward of myself as part of the City of Shoreline promotions. If you do not want your photos or videos published, please check box. <input type="checkbox"/>						
X _____				DATE _____		
SIGNATURE - ADULT PARTICIPANT OR GUARDIAN						