

CITY COUNCIL AGENDA ITEM
CITY OF SHORELINE, WASHINGTON

AGENDA TITLE: Wellness Resolution
DEPARTMENT: Human Resources
PRESENTED BY: Marci Wright, Human Resources Director

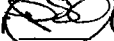

PROBLEM/ISSUE STATEMENT:

The City has had an Employee Wellness Program, including a Wellness Committee since early in its existence, but the Council has not adopted a resolution concerning wellness. A resolution is required for the City to remain eligible for wellness grants from the Association of Washington Cities. In the past we have received approximately \$1,500 per year from AWC to promote wellness activities.

The attached resolution recognizes the existence of the City's Wellness Program and formalizes the goals of the Program.

RECOMMENDATION Staff recommends that Council adopt Resolution No. 237 recognizing the City's Employee Wellness Program

Approved By:

City Manager  City Attorney 

RESOLUTION NO.237

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SHORELINE,
WASHINGTON, ESTABLISHING A CITY EMPLOYEE WELLNESS
PROGRAM**

WHEREAS, the City of Shoreline recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive individual health practices, and

WHEREAS, the City of Shoreline further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities, can result in better morale, reduced absenteeism and enhanced productivity and performance, and

WHEREAS, the City of Shoreline has established a City Employee Wellness Program, including a Wellness Committee, aimed at preventing illnesses and injuries and promoting better morale, reduced absenteeism and enhanced productivity and performance among City employees.

**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SHORELINE,
WASHINGTON, HEREBY RESOLVES AS FOLLOWS:**

In order to contribute to the health and well-being of City employees the Wellness Program shall be dedicated to the following goals:

- Improve the quality of life through knowledge about health and lifestyle;
- Decrease the usage of health care services under provider health benefits plans;
- Reduce sick leave usage;
- Improve employee morale and well-being
- Demonstrate to employees that the City of Shoreline cares about the health and well being of its workforce;
- Increase recreational and other opportunities which lead to improved physical and emotional health and reduced stress.

ADOPTED BY THE CITY COUNCIL ON NOVEMBER 28, 2005.

Mayor Ron Hansen

ATTEST:

Scott Passey
City Clerk