Council Meeting Date: April 2, 2012 Agenda Item: 2(a)

CITY COUNCIL AGENDA ITEM

CITY OF SHORELINE, WASHINGTON

AGENDA TITLE: Proclamation Declaring April as Eats4Health Month in the City of

Shoreline

DEPARTMENT: Community Services

PRESENTED BY: Rob Beem, Community Services Division Manager

ISSUE STATEMENT:

An element of the City's Healthy City Strategy includes emphasizing access to and enjoyment of healthy food and meal options. April has been designated as Eats4Health month in Shoreline. On Wednesday, March 28th the City will host an Eats4Health kickoff event at City Hall featuring Tricia Clement, a noted nutritionist and educator and eleven community partners.

During Eats4Health Month grocery stores, non-profits and the City will be featuring special promotions, classes and activities focusing on expanding access to and understanding of healthy food choices. Our partners are:

- Shoreline Senior Center
- Central Market
- Richmond Beach QFC
- Dale Turner Family Y
- Shoreline Farmers Market
- City of Shoreline Parks, Recreation, and Cultural Services Department
- Diggin Shoreline
- Northwest Hospital/UW Medicine
- Top Food and Drug
- Tiny's Organic Farm
- Shoreline School District Nutrition

Kimberly Ha and Paolo Jimenez, both juniors at Shorewood High School and Melanie Ministerio, a senior at Shorewood High School will be accepting the proclamation on behalf of the Shoreline Youth Ambassadors.

RECOMMENDATION

Council should present the proclamation.

Approved By: City Manager **JU** City Attorney –



PROCLAMATION

WHEREAS, The City of Shoreline has established a goal of sustaining itself as a Healthy City; and

WHEREAS, access to healthy affordable food and meals promotes good personal health and eating habits for people of all ages, and

WHEREAS, The City, and many community partners will be hosting events throughout the month of April which showcase healthy eating and food preparation, and

WHEREAS, these events will provide learning opportunities for the Shoreline community that will encourage lifestyle changes that can help residents lead a healthy life;

NOW, THEREFORE, I, Keith A. McGlashan, Mayor of the City of Shoreline, on behalf of the Shoreline City Council, encourage all citizens to participate with the City and its partners to focus on healthy foods and meal preparation, and hereby declare April 2012 as

EATS4HEALTH MONTH

in the City of Shoreline.

Keith A. McGlashan, Mayor of Shoreline