

CITY COUNCIL AGENDA ITEM

CITY OF SHORELINE, WASHINGTON

AGENDA TITLE: Proclamation Declaring April as Eats4Health Month in the City of Shoreline

DEPARTMENT: Community Services

PRESENTED BY: Rob Beem, Community Services Division Manager

ACTION: ☐ Ordinance ☐ Resolution ☐ Motion
 ☐ Discussion ☐ Public Hearing ☒ Proclamation

ISSUE STATEMENT:

An element of the City's Healthy City Strategy includes emphasizing access to and enjoyment of healthy food and meal options. April has been designated as Eats4Health month in Shoreline. On Tuesday, April 2, the City will host an Eats4Health kickoff event at City Hall featuring Cynthia Lair, a Certified Health and Nutrition instructor at Bastyr University and author Feeding the Whole Family: Recipes for Babies, Young Children, and Their Parents, and eleven community partners.

During Eats4Health Month grocery stores, non-profits and the City will be featuring special promotions, classes and activities focusing on expanding access to and understanding of healthy food choices. The City's partners are:

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|--|---------------------------------------|
| • Shoreline Senior Center | • Diggin Shoreline |
| • Central Market | • Northwest Hospital/UW Medicine |
| • Richmond Beach QFC | • Haggen Northwest Fresh |
| • Dale Turner Family Y | • Picture Health Nutrition Solutions |
| • Shoreline Farmers Market | • Shoreline School District Nutrition |
| • City of Shoreline Parks, Recreation,
and Cultural Services Department | • King County Libraries |

Sabina Wagner, Site Manager for the Shoreline Library will be accepting the proclamation on behalf of the King County Library System (KCLS). KCLS kicked-off "A Place at the Table!" in March. This is a year-long series of programs dedicated to food and cooking.

RECOMMENDATION

Staff recommends that Council present the proclamation.

Approved By: City Manager **JU** City Attorney **IS**



P R O C L A M A T I O N

WHEREAS, The City of Shoreline has established a goal of sustaining itself as a Healthy City; and

WHEREAS, access to healthy affordable food and meals promotes good personal health and eating habits for people of all ages, and

WHEREAS, The City, and many community partners will be hosting events throughout the month of April which showcase healthy eating and food preparation, and

WHEREAS, these events will provide learning opportunities for the Shoreline community that will encourage lifestyle changes that can help residents lead a healthy life;

NOW, THEREFORE, I, Keith A. McGlashan, Mayor of the City of Shoreline, on behalf of the Shoreline City Council, encourage all citizens to participate with the City and its partners to focus on healthy foods and meal preparation, and hereby declare April 2013 as

EATS4HEALTH MONTH

in the City of Shoreline.

Keith A. McGlashan, Mayor of Shoreline