

CITY COUNCIL AGENDA ITEM
CITY OF SHORELINE, WASHINGTON

AGENDA TITLE:	Proclamation of Mental Health Awareness Month
DEPARTMENT:	Recreation, Community and Cultural Services
PRESENTED BY:	Bethany Wolbrecht-Dunn, Community Services Manager
ACTION:	<input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution <input type="checkbox"/> Motion <input type="checkbox"/> Discussion <input type="checkbox"/> Public Hearing <input checked="" type="checkbox"/> Proclamation

PROBLEM/ISSUE STATEMENT:

In observance of May as Mental Health Awareness Month, this proclamation recognizes the prevalence of mental illness and the significant impact it has on many individuals and families. The City of Shoreline provides support for individuals experiencing mental health impacts by providing funding to the Center for Human Services Behavioral Health Program which provides services on a sliding fee scale.

Because stigma related to mental illness can be a barrier to seeking needed treatment, it is especially important to raise awareness that mental health is an integral part of overall health, and that support and treatment options are available.

RECOMMENDATION

Staff recommends that the Mayor read the proclamation.

Approved By: City Manager **DT** City Attorney **MK**



PROCLAMATION

WHEREAS, mental health is a part of overall health; and

WHEREAS, mental health sustains an individual's thought processes, relationships, productivity, and ability to adapt to change; and

WHEREAS, one in twenty-five adults live with mental illness, such as major depression, bipolar disorder, or schizophrenia; and

WHEREAS, roughly one-half of chronic mental illness begin by the mid-teens and three-fourths by the mid-20s; and

WHEREAS, early identification and treatment can make a difference in successful management of mental illness and recovery; and

WHEREAS, it is important to maintain mental health and to recognize the symptoms of mental illness and seek help when it is needed; and

WHEREAS, every citizen and community can help end the silence and stigma surrounding mental illness; and

WHEREAS, Mental Health Awareness Month is an opportunity to increase public understanding of the importance of mental health and to promote the identification and treatment of mental illness;

NOW, THEREFORE, I, Will Hall, Mayor of the City of Shoreline, on behalf of the Shoreline City Council, do hereby proclaim May 2021, as

MENTAL HEALTH AWARENESS MONTH

in the City of Shoreline.

Will Hall, Mayor