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Eats4Health Month
April 2012

Kick-off Event: Keen Cuisine Wednesday, March 28 7:00 to 8:30 p.m. City Hall Council chambers and lobby

Are you ready for a change to a healthier way of eating? Looking for inspiration or new ideas as you plan your meals? Need help with healthy meal preparation techniques?

During the entire month of April the City and many community partners will celebrate Eats4Health month by highlighting learning opportunities, specials on nutritious foods at local stores, and lifestyle changes that can help residents lead a healthy life.

To kick off the April Eats4Health month, Tricia Clement, dietitian and certified diabetes educator at Northwest Hospital, will provide the keynote address. Her topic is *Keen Cuisine: Cents and Sensibility in the Kitchen* featuring low cost ways to make your meals healthful while tantalizing your taste buds. Clement has more than 20 years of experience working with both inpatients and outpatients, co-teaches the "Living Well Diabetes" classes at the hospital, and frequently participates in community events to promote wellness.

After the keynote, residents can sample food, pick up new recipes and get information on making healthy food and lifestyle choices at a vendor fair of local companies and organizations. Partner organizations include: Northwest Hospital, Dale Turner YMCA, Shoreline Lake-Forest Park Senior Center, Shoreline School District Food Services, and Diggin' Shoreline.

Visit shorelinewa.gov/healthycity to learn more. For questions about the City of Shoreline's Healthy City Strategy contact Community Services Manager Rob Beem at rbeem@shorelinewa.gov or (206) 801-2251.

Community Garden

In order to create a healthy community, residents need access to sources of nutritious food. One way to ensure access is through community gardens. Community gardens provide residents with a means to grow fresh, healthy food, and strengthen community bonds while creating recreational and therapeutic opportunities.



As part of its adopted Healthy City Strategy the City will be installing a new community garden at Twin Ponds Park this spring. The garden design was created from community input received at a brainstorming session held in February. The garden plots and common areas will be built in March and April.

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Did you know•



Those grates you see in parking lots and streets are connected to the storm drain system, and the water that enters goes straight to our local streams, lakes and beaches without treatment! Only rain water is allowed down the storm drains, because anything else can harm wildlife and the environment. If you see a spill or something being dumped into the drain, you can report it by calling the City at (206) 801-2700.

Community Garden continued from Pg. 1

Individual garden plots will be available for adoption by residents with an application and \$30 fee for each 10'x10' plot Information and the application are available on the City's website at shorelinewa.gov/communitygarden, at the Parks Department office in City Hall and the Spartan Recreation Center or by calling (206) 801-2602.

Registration will begin on Thursday, March 15, between 6:00 and 9:00 p.m. in the City Hall Lobby, on a walk-in, first come first served basis to Shoreline residents. Interested gardeners should arrive with a completed application and signed agreement form along with a check or cash to apply. Mail-in applications will be accepted and processed after the walk-in registration is completed. No phone registrations accepted. A limited number of accessible plots will be available.

Community gardens are not new to Shoreline. There are a growing number of gardens in the City that are tended by members of the community. Calvin Presbyterian Church and The Vineyard Church both installed gardens that grow fresh produce for Hopelink's local food bank and provide plots that residents can adopt. The City hopes to support more community gardens as resources and community interest grow.

A Shoreline group, Diggin' Shoreline, promotes gardening and offers resources to help start community gardens. It played a key role in getting Ballinger Community Garden in the ground at Aldercrest Annex, a Shoreline School District site.

To learn more, visit shorelinewa. gov/communitygarden or contact Parks Project Coordinator Maureen Colaizzi at mcolaizzi@shorelinewa. gov or (206) 801-2603.

Upcoming garden events

Community Garden work party

Help build the new garden area Saturday, March 24 10:00 a.m. to 2:00 p.m. Twin Ponds Park 15401 1st Avenue NE

Community Garden celebration

Join us to cut the ribbon at the site Saturday, April 14, 10:00 a.m.

Gardener gathering potluck

A Diggin' Shoreline event Tuesday, March 20, 7:00 p.m. City Hall Council Chambers info@digginshoreline.org



Shoreline Youth Jam Friday, April 6, 6:00 p.m.

Attention all rock bands, pop singers, hip-hop groups, vocal groups, jazz combos, beat-boxers and young musicians! Do you have what it takes? If you have ever wanted to perform on stage before an audience and compete for prizes, this is your chance.

Shoreline residents ages 18 or younger are invited to apply to perform in the fourth annual "Shoreline Youth Jam." This year's event is scheduled for Friday, April 6, at the Shoreline Community College PUB, 16101 Greenwood Avenue N.

The contest will feature a live audience, professional sound and constructive feedback from judges who actually work in the music industry. Performers will be arranged into showcase segments (2 to 3 songs) and prizes will be awarded in several categories. For details and registration information, visit richmondbeachwa.org or facebook.com/youthjam.

Rachael Markle selected as Director of Planning and Community Development



City Manager Julie Underwood has selected Rachael Markle to be the City's new Director of Planning and Community Development.

Markle has 17 years of professional experience in planning and community development and is a member of the American Institute of Certified Planners. Markle has been employed with the City for nearly 14 years, the past seven of which she has served as the Assistant Director of Planning and Community Development. Prior to coming to Shoreline, Markle worked as a Senior Planner for the Coastal Georgia Regional Development Center.

Markle has managed such major projects as permitting and environmental review for the construction of the King County Brightwater regional sewage treatment system and the King County Hidden Lake sewer system upgrades in Shoreline. For the past seven years she has supervised the Code Enforcement Team, working with the City's Code Enforcement Officer to address hundreds of safety and environmental issues throughout the City. She enjoys continually improving City codes to ensure clarity, ease of use and consistency.

Park at Town Center

On January 9, the City Council adopted the Master Plan for the Park at Town Center. The Master Plan calls for the creation of a signature park that is unique to Shoreline and will accommodate a variety of uses throughout the year including celebrations, public gatherings and informal "third places." The green, open space located along Aurora between N 175th and N 185th Streets will link with the City Hall Civic Center creating a gathering place at the center of Shoreline. The approximately five acre project area includes parcels owned by the City of Shoreline and Seattle City Light (SCL).

While the Master Plan provides

a vision for the entire space, it primarily focuses on the triangular property adjacent to Walgreens that is owned by the City. The City of Shoreline identified this location as a place for community gatherings and as an area to highlight the City center. Priority was placed on the inclusion of elements that express Shoreline's identity throughout the year. The park will accommodate expansion and a variety of future uses.

A prominent feature of the Cityowned property is a section of the historic Red Brick Road, known as Ronald Place. The Ronald Place bricks are central to this space and honoring their history and the history of transportation through this area is central to the vision for the park.

While there currently is no funding for major construction, there are opportunities to improve some of the space in the near future through art installations, tree plantings, and special events. The City will begin seeking grants for major improvements in 2014 and beyond. To view the Master Plan and learn more about the project, please visit shorelinewa.gov/TownCenterPark or contact Parks Project Coordinator Maureen Colaizzi at mcolaizzi@ shorelinewa.gov or (206) 801-2603.



Quick Start Shoreline's Small Business Program

Shoreline

Over the past two years, the Shoreline Community College Small Business Accelerator and the City of Shoreline Economic Development Office have collaborated to offer Shoreline's unique QuickStart program to local business owners and entrepreneurs. Ouick-Start Shoreline offers workshops, classes, one-on-one counseling and opportunities for community involvement.

The cornerstone of the Quick-Start Shoreline program is the weekly business workshop series. Most Tuesdays from noon to 1:30 p.m. in the City Council Chambers, small business owners and entrepreneurs meet to discuss a topic important to their work.

So far, QuickStart has sponsored over 85 weekly business workshops reaching over 500 individual business owners and entrepreneurs. Many individuals have been to multiple workshops realizing the benefits and networking that is available through the program.

Programs are usually led by fellow small business owners and entrepreneurs who have a certain interest or expertise they wish to share with others. It is a great way for the City and Shoreline Community College to connect to small businesses and for small businesses to connect with each other.

Randal DeHart, owner of Business Consulting and Accounting, has participated in QuickStart both as an audience member and presenter. He recently spoke with QuickStart Director Mark McVeety about his company's involvement with QuickStart.

"We gained valuable insights that

we incorporated into our business; in fact, several tips heeded helped us avoid potential problems. As a presenter, we shared some valuable insights as well as acquired new clients," stated Dehart.

"QuickStart is a great use of City resources," DeHart continued. "It is a good way for business owners who do not normally interact with the City to have an opportunity to meet some of the folks and get to know them as friends and neighbors. I believe it is a great way to forge bonds of friendship and cooperation, and I have encouraged other business owners to attend and present."

The schedule for upcoming workshops can be found on the City's online calendar at shorelinewa.gov.

Marriage equality

On February 6, the City Council unanimously approved Resolution supporting marriage No. equality in Washington State. The resolution encouraged the Washington State Legislature to pass the recently enacted law ending discrimination based on sexual orientation and gender in the State's marriage laws. In addition, the resolution encouraged the United States Congress to pass the Respect for Marriage Act, which would repeal the federal Defense of Marriage Act. The Shoreline City Council believes that passage of marriage equality laws is essential for the establishment and protection of strong healthy families and relationships.

Council to discuss plastic bag regulations

Various policies and laws to reduce the use of single use plastic bags have been adopted in many communities across the country. Many single use plastic bags turn into litter, which can be very harmful to the environment and local wildlife, while most others end up in the land fill.

On March 26, the City Council will hear how other communities in the region have regulated the use of single use plastic bags at grocery stores, restaurants and other retailers. City staff will present these findings and the Council will discuss if they are interested in engaging further on this issue. If the Council is interested in hearing more about single use plastic bag regulations, citizen and business outreach will be conducted, along with a review of the costs and benefits of any proposed regulation.

For more information about potential regulations for single use plastic bags, please feel free to contact John Norris, Management Analyst, at (206) 801-2216, or via email at jnorris@shorelinewa.gov.

City conducts due diligence for Seattle Public Utilities water system acquisition

On November 9, 2011, the City announced that it and Seattle Public Utilities (SPU) had negotiated tentative terms for the purchase of the SPU water assets system located within Shoreline. The City and the City of Seattle have negotiated a tentative price of \$25 million for the assets with purchase in 2020.

However, prior to any final decision by the City Council regarding the acquisition, the City must complete its due diligence to confirm that the City Council's requirement for the acquisition of the water system can be met. The requirement is that Shoreline ratepayers' water bills will be equal to or less than the SPU forecasted rate structure over a reasonable time period.

As part of that review process, the City Manager has formed a citizen's steering committee to provide a recommendation on whether the City should move forward with the acquisition of the system. The City has hired EES Consulting, a management consulting firm that is an expert at conducting utility rate and engineering studies, to acquire and analyze all of the information needed for the steering committee to make a recommendation and the City Council to make a decision.

ESS's analysis will report on four areas:

Engineering Analysis

The engineering analysis will look at the distribution and general plant water system included in the proposed sale of Seattle's assets within the City of Shoreline. The City must be satisfied that the assets reflected on Seattle's books are in existence and in good working condition. In addition, the City will need to review SPU's planned capital improvement plans, identify additional capital improvements, general operation and maintenance spending needed on the system, and estimating separation costs of the two systems.

Financial Analysis

The financial analysis will be a fore-cast of retail user rates under various scenarios. A 10 to 20-year forecast of retail rates under each option will be developed. There are numerous responsibilities associated with operating a water utility, including engineering and operations, finance and administration, customer service, and human resources. The financial analysis will test the purchase price along with the other operating costs against the forecast would be developed based on information from the

engineering analysis. In addition, the analysis will provide a financial comparison between projected SPU water rates and City of Shoreline water rates.

Business Plan

The business plan is intended to use information from the engineering and financial analysis and identify the steps necessary to move the process from acquisition to implementation.

Water Supply Analysis

Adequate and competitivelypriced water supply is one of the most important aspects of this utility acquisition. Currently, Shoreline customers receive water costs based on Seattle's retail rate. In the future, the City would pay the wholesale rate for water. This analysis would include a review of the water supply situation in the region and provide an overview of water supply options, including those costs that may be unique to other existing SPU wholesale customers and how that might affect the City's wholesale contract.

Each of the reports will be available on the City's website as they are completed. For more information, visit the SPU project page at shore-linewa.gov/SPU.

SeeClickFix

In October of last year, the City started using SeeClick-Fix as another way for residents to report issues around the city using their smartphones or tablets. The application uses GPS coordinates to inform the City of the exact location of the problem and allows residents to submit photos and a brief description of the problem with their phones without having to search for phone numbers or addresses.

SeeClickFix is for non-emergency issues only. Emergencies should always be reported to 911 immediately.

Since the City started using the program, residents have submitted reports about graffiti, potholes, missing street signs and debris in the roadway.

The application is free to download and can be found by searching for "SeeClickFix" in your smartphone's application marketplace. Issues can

also be submitted on the web at shorelinewa.gov/ onlineservicerequest, by calling the Customer Response Team at (206) 801-2700, or by visiting City Hall.

Protecting our streams, rivers, lakes and Puget Sound stormwater regulations



Stormwater runoff is the leading pollution threat to lakes, rivers, streams and marine water bodies in cities across Washington State. The large amount of impervious, or hard, surfaces in cities increase the quantity and peak flows of runoff, which in turn cause impacts such as eroded streambeds, sediment build-up in streams, and loss of aquatic habitat. These impacts adversely impact human health, diminish drinking water quality and degrade salmon habitat.

Areas that were developed before the 1980's were not required to have any stormwater facilities to control flow or provide water quality treatment on their properties. The lack of stormwater regulations caused significant, negative impacts to our water systems. Fortunately, stormwater management has changed dramatically in the past 30 years.

The Federal Clean Water Act of 1974 includes the National Pollution Discharge Elimination System (NPDES) permitting program. The City's NPDES permit, issued and administered by the Washington State Department Ecology, allows stormwater from the City's drainage system to discharge to streams, wetlands and Puget Sound. The permit requires the City to implement programs to reduce pollution and excessive stormwater runoff. These programs include pollution prevention for City operations and maintenance, illicit discharge detection and elimination, construction site runoff control, construction stormwater management for newly developed and redeveloped properties and public education and outreach.

City's stormwater code includes the adoption of the 2005 Department of Ecology Stormwater Management Manual for Western Washington, which provides guidance on the measures necessary to control the quality and quantity of polluted stormwater. The manual is used by the City to set stormwater requirements for new development and redevelopment projects. Developers and engineers use the manual to help design stormwater site plans and infrastructure.

The design requirements in the City's stormwater code include providing flow control/reduction and water quality treatment for new and replaced hard surfaces on larger developments. These may include underground vaults or stormwater ponds to control the release of water into the City's drainage system, and raingarden and stormwater wetland amenities that remove pollutants from stormwater. In addition, the City's code requires low-impact-development techniques to reduce flows and improve water quality.

Recent large developments in the City that use low-impactdevelopment and other traditional stormwater control measures include the Aurora Corridor Improvement Project and the redevelopment of Shorewood and Shorecrest High Schools. Because these sites did not have previous controls on the stormwater that drained from the properties, the new regulations and facilities will improve the water quality runoff and reduce the flows of water that enter in the City's drainage system and ultimately our streams, wetlands and Puget Sound.







State performance audit finds Shoreline follows best practices

In June 2010 the City was notified that it was one of eight jurisdictions (Thurston County, Bellingham, Everett, Puyallup, Richland, SeaTac, Shoreline, Spokane) chosen by the State Auditor's Office (SAO) to be part of the Local Government Change Orders performance audit. Change orders occur when there is a contract amendment for additional work as a result of changing conditions not anticipated in the original contract.

The stated audit objective was to determine if the City had established and followed best practices to control the pricing of labor, materials and markups on change orders. The Auditor's Office reviewed a single City contract—the \$5.3 million contract with HDR Engineering for architectural and engineering design services for the section of the Aurora Corridor Improvement Project between N 165th and N 192nd Streets.

On January 10, 2012, the SAO issued its final report which found that Shoreline followed all applicable leading practices. Such practices include providing mechanisms within the original contract requiring detailed change order proposals and to pre-establish the basis for pricing change orders. In addition, City staff also followed best practices in managing and reviewing change orders for accurate contract pricing.

The audit also compared the prices and rates paid by the City against typical industry rates and found that the City paid rates within industry standards.

The City is committed to implementing best practices and takes seriously the responsibility to manage tax payer dollars effectively and efficiently. Every year since 2000 the City has received a clean audit for its financial statements from the State Auditor's Office. The City's strong financial stewardship has resulted in an AA+ bond rating and Standard & Poor's (S&P) highest financial management rating of "strong."

To see a copy of the full report, go to shorelinewa.gov/administrativeservices.

Council Podcasts

(206) 801-2346.

Shoreline City Council meetings are now available through iTunes. You can view meetings and subscribe to Podcasts. To view your options, open iTunes and go to the iTunes Store. Search for City of Shoreline and you will see the audio and video options available. The Council meeting podcasts are provided through a new product called Open Government by Granicus, the City's web streaming host. If you have any questions, contact Web Developer Joan Herrick at jherrick@shorelinewa.gov or

Upcoming Events

Saturday, March 17

10:00 a.m. to 2:00 p.m.

Habitat restoration work party at Richmond Beach Saltwater Park.

Tuesday, March 20

7:00 p.m.

Diggin' Shoreline gardener gathering potluck at City Hall.

Saturday, March 24

10:00 a.m. to 2:00 p.m.

Work party to create the City's new community garden at Twin Ponds Park.

Wednesday, March 28

7:00 to 8:30 p.m.

Eats4Health kickoff event at Shoreline City Hall.

Friday, April 6

6:00 p.m.

Shoreline Youth Jam takes place at Shoreline Community college PUB.

Friday, April 13

6:00 p.m.

Karoake-BINGO night at the Shoreline-Lake Forest Park Senior Center. Ages 21 and over, reservations at (206) 365-1536.

Saturday, April 14

10:00 a.m.

Ribbon cutting celebration at the City's new community garden in Twin Ponds Park.

Saturday, April 14

6:30 to 10:30 p.m.

Free Tween Night for 5th and 6th graders at Richmond Highlands Recreation Center.

Quick Start Shoreline

Free Small Business Workshops

Tuesdays at Noon

City Hall Council Chambers. Visit the City's website for topics.



Currents is produced by the City Manager's Office, (206) 801-2217, ebratton@shorelinewa.gov

Alternate formats available upon request







17500 Midvale Avenue N, Shoreline 98133 (206) 801-2700 Fax (206) 546-7868 shorelinewa.gov

Spartan Recreation Center 202 NE 185th Street, Shoreline 98155 (206) 801-2600 Fax (206) 393-3380

Shoreline Pool 19030 1st Avenue NE, Shoreline 98155 (206) 801-2650 Fax (206) 362-8450

Shoreline Police Emergency: 911

Shoreline Police Station Chief Dan Pingrey 1206 N 185th Street Shoreline, WA 98133 (206) 801-2710

Eastside Police Neighborhood Center Officer Greg McKinney 521 NE 165th Street Shoreline, WA 98155 (206) 363-8424

Westside Police Neighborhood Center Officer Leona Obstler 624 NW Richmond Beach Road Shoreline, WA 98177 (206) 546-3636

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City Council Meetings

Shoreline City Hall, Council Chambers | Agenda Line: (206) 801-2236

Study Sessions: First and third Mondays 7:00 p.m. Business Meetings: Second and fourth Mondays 7:00 p.m.

Televised City Council Meetings Comcast Cable Channel 21 & Verizon Cable Channel 37 Tuesday noon & 8:00 p.m., Wednesday - Sunday 6:00 a.m., noon & 8:00 p.m.