Strengthening Families – Learning in Community

Sponsored by the Shoreline Police Department and Lake Forest Park Police Department

Join a series of 5 workshops where you will learn how to form a

safe community for your children

- October 23 Positive Discipline and Effective Communication Styles Learn about effective parenting strategies;
 Ximena Grollmus M. Ed. and Lupita Zamora
 - October 30 Domestic Violence and Child Abuse Awaraness, Police Intervention and how it affects our Community; Shoreline Police
 - November 6 Bullying: Learn the signs of bullying and how to help your child; Lupita Zamora
- November 13 Drugs in our Community the laws and the effects of marijuana and other drugs; Shoreline Police
- November 20 Leadership; Lupita Zamora
 Special Presentation by Motivational Speaker Roberto Carcelén Peruvian cross-country skier, first Peruvian ever to qualify and also compete in the Winter Olympic Games. Learn about his story and how we can accomplish our goals and dreams.

Place: Shoreline Water District t 1519 NE 177th St Shoreline, WA 98155

Time: 6:30-8:15 pm

You will <u>receive a certificate</u> upon completing the workshops. There is no cost. The workshops are for parents only. <u>It does NOT include child care</u>. <u>Space is limitted</u> – call now to register (206) 801-2719 or e mail <u>dahlia.corona@kingcounty.gov</u> with your name and phone number.





