

*Location:*  
**Shoreline Fire Dept.**  
**Training Center**  
17525 Aurora Avenue North  
*Call to register:*  
206-533-6564  
*Or Email:*  
[melanie@shorelinefire.com](mailto:melanie@shorelinefire.com)

## Spring 2007 Class Schedule

8 Sessions

Tues./Thurs. April 24,26  
6:30 pm to 9:30 pm

Saturday, April 28  
9:00 am to 12:00 pm

Tues./Thurs. May 1,3  
6:30 pm to 9:30 pm

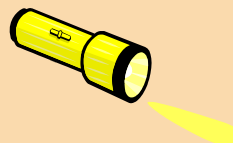
Saturday, May 5  
9:00 am to 12:00 pm

Tues./Thurs. May 8, 10  
6:30pm to 9:30 pm

**Instruction Provided by  
Shoreline Firefighters**



**For Your  
Safety**



There may  
be a small  
fee to pay  
for  
approved  
safety  
supplies.



Shoreline Fire Department  
Disaster Preparedness Training for Citizens

Shoreline Fire Department  
17525 Aurora Avenue North  
Shoreline, WA 98133

Phone: 206-533-6500  
Fax: 206-546-5719  
Email: [Melanie@shorelinefire.com](mailto:Melanie@shorelinefire.com)



**COMMUNITY  
EMERGENCY  
RESPONSE  
TEAMS**



## What is CERT?

CERT is about readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number. CERT is a positive and realistic approach to emergency and disaster situations where citizens can make a difference. Following a major disaster, Fire, Medical and Police emergency responders will not be able to meet the demand for their services. People will have to rely on each other for help in order to meet their immediate life saving and life sustaining needs.



The CERT program will provide citizens with an understanding of their responsibility in preparing for disasters. It increases their ability to safely help themselves, their family, and their neighbors. This in turn, helps Fire and Police do their difficult jobs in the time of crisis.

The CERT course will benefit any citizen who takes it. This person will be better prepared to respond and to cope with the aftermath of a disaster.

FOR FURTHER INFORMATION ABOUT CERT:

[www.citizencorps.gov/CERT/](http://www.citizencorps.gov/CERT/)

## CERT Class Content

### Disaster Preparedness/Mitigation

- Introduction to Disasters
- Impact of Disasters on Infrastructures
- Hazards Posed by Buildings and Non-Structural Items
- The Role of CERT in Disaster Response



### Fire Suppression/fire Safety

- Fire Chemistry: Fire Hazards
- Hazardous Materials
- Basic Fire Suppression Strategy
- Hands-on Use of a Fire Extinguisher

### Light Search and Rescue

- Priorities and Resources
- Situation Size-up
- Lifting, Cribbing and Victim Removal
- Rescuer Safety

### Disaster Medical Part I

- Life Threatening Conditions
- Principals of Triage



### Disaster Medical Part II

- Head-to-Toe Patient Assessments
- Establishing Treatment Areas
- Burns, Lacerations, Fractures

### Disaster Psychology & Team Organization

- Post-Disaster Emotional Climate
- Organizing a CERT Team
- CERT Decision-making and Documentation

## Class Final Drill Thursday, May 10 6:30pm

We will simulate the circumstances of an actual disaster on our drill ground — giving you a hands-on reality check on how your skills have improved!



Shoreline Fire Department  
Disaster Preparedness Training for Citizens

Shoreline Fire Department  
17525 Aurora Avenue North  
Shoreline, WA 98133

Phone: 206-533-6500  
Fax: 206-546-5719  
Email: [Melanie@shorelinefire.com](mailto:Melanie@shorelinefire.com)