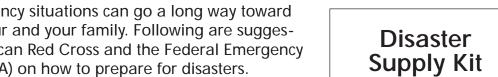
Preparing your family for a disaster

Being prepared for emergency situations can go a long way toward lessening the impact to your and your family. Following are suggestions courtesy of the American Red Cross and the Federal Emergency Management Agency (FEMA) on how to prepare for disasters.



Keep enough supplies in your home to meet your needs for at least three days. Store these supplies in sturdy, easy-tocarry containers such as backpacks, duffle bags or covered trash containers.

Include:

- A three-day supply of water (one gallon per person per day) and food that won't spoil.
- One change of clothing and footwear and one blanket or sleeping bag per person.
- · A first aid kit that includes family prescription medications.
- · Emergency tools including a battery-powered radio, flashlight and extra batteries.
- · A set of car keys and a credit card, cash or traveler's checks.
- Sanitation supplies.
- Items for infant, elderly or disabled family members.
- · An extra pair of glasses.
- Keep important family documents in a waterproof container.
- Keep a smaller kit in the trunk of your car.

Be prepared...

Create a disaster plan...and practice it.

- Discuss the types of disaster that are most likely to happen and what to do in each case.
- Pick two places to meet: one immediately outside your home for sudden emergencies like fire and one outside your neighborhood in case you can't return home.
- · Designate an out-of-state contact. After a disaster it is often easier to call long distance. In a disaster, family members should call this contact to tell them where they are.
- Discuss what to do in an evacuation. Plan how to take care of your pets.

Complete this checklist:

- Post emergency phone numbers by phones.
- Teach children how and when to call 911.
- Teach each family member how and when to turn off utilities.
- Teach each family member how to use the fire extinguisher and where it is kept.
- Install smoke detectors on each level of your home, especially near bed rooms.
- Conduct a home hazard hunt and fix potential hazards. Home hazards are anything that can fall, break or cause a fire.
- Stock emergency supplies and assemble a Disaster Supplies Kit.
- Take a Red Cross first aid and CPR class.
- Determine the best escape routes from your home. Find two ways out
- Find the safe spots in your home for each type of disaster.

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If disaster strikes...

Remain calm and patient. Put your disaster plan into action.

Check for injuries. Give first aid and get help for seriously injured people.

Listen to your battery powered radio for news and instructions. Evacuate, if advised to do so. Wear protective clothing and sturdy shoes. Take your Disaster Supplies Kit.

Check for damage in your home

- Use flashlights. Do not light matches or turn on electrical switches if you suspect damage.
- Check for fires, fire hazards and other household hazards.
- Sniff for gas leaks, starting at the water heater. If you smell gas or suspect a leak, turn off the main gas valve, open windows and get everyone outside quickly. Shut off any other damage utilities. (Turn off the utilities only if you suspect damage or if you are instructed to do so. If you turn the gas off, you will need a professional to turn it back on.)
- Clean up spilled medicines, bleaches, gasoline and other flammable liquids immediately.

Remember to...

- Confine or secure your pets.
- Call your family contact do not use the phone again unless it is a life-threatening emergency.
- Check on your neighbors, especially elderly or disabled persons.
- Make sure you have an adequate water supply in case water service is cut off.
- Stay away from power lines.

To find out more about preparing your home, family and business for emergencies, call FEMA at (800) 480-2520 or write: FEMA, P.O. Box 2012, Jessup, MD 20794-2012. Emergency preparedness publications are also available on FEMA's Web site, http://www.fema.gov and the American Red Cross Web site, http://www/redcross.org.

City of Shoreline

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Who to call

Emergency Fire, Medical & Police Assistance

And to report dangerous situations or contact a police officer

Shoreline Police Dept. Non-Emergency (206) 296-3311 (206) 546-6730

Shoreline Fire Dept. Non-Emergency (206) 533-6500

City of Shoreline (206) 546-1700

Call Shoreline's 24-hour Customer Response Team to report roadway, drainage system or other City infrastructure damage.

> Seattle City Light (206) 684-3000 (206) 706-0051

Call either number to report power outages and hear recorded outage information.

Puget Sound Energy (888) 225-5773

Call to report gas leaks.